

# Narcotics Anonymous Utah Region



## Hospitals & Institutions Steps by Mail

Would you like to communicate with members of Narcotics Anonymous to work the steps? Send a letter via snail mail, then we will connect you with a member. We will keep your anonymity, and if you put "In Care Of" on the envelope with the individual you are in contact with, we can make sure the letter goes to that individual. Get involved in your recovery!

Steps by Mail  
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