

HOW IT WORKS

If you want what we have to offer and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

PHONE NUMBERS

NARCOTICS ANONYMOUS



Central Utah

Area Meeting Schedule

What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Monday

7:30pm **Springville** 45 South Main St
(WC) Steps Study Meeting Springville Library
*upstairs

8:00pm **Provo** 200 North 50 West
(WC) Message of Hope "St. Mary's Church"

Tuesday

8:00pm **American Fork** 1261 S 820 E #300
(WC) AMP'd in Recovery "AMP Smart Building"

8:00pm **Springville** 242 South 200 East
(WC)(C) We Care "Presbyterian Church"
(1.5hrs)

8:00pm **Ephraim** 390 West 100 North
(WC)(C) Central Sanpete "CU Counseling Center"
Step Study

Wednesday

7:00pm **Filmore** 90 North Main St
(WC) We do Recover

Thursday

7:00pm **Spanish Fork** 747 North Main St.
NaNa Sisterhood "Pepe's Grill" upstairs
*all are welcome

8:00pm **Payson** 742 South 1270 West
It Works How and Why "IHop" temp. location

8:00pm **Price** 925 E Main St.
(WC) "Trinity Church"

Friday

7:00pm **Orem** 561 S Orem Blvd. Suit J1
(WC south There is a better way
side) "MATR" upstairs

7:30 **Ephraim** 390 west 100 north
(WC) North Sanpete "CU Counseling Center"

8:00pm **Provo** 200 North 50 West
(WC) No Name "St. Mary's Church"

Sunday

10:00am **Orem** 777 North Palisades Dr
(WC) Sunday Morning "Cirque Lodge"
Spiritual meeting

12:00pm **Payson** 742 South 1270 West
Attitude of Gratitude "IHop" temp. location

7:30pm **Orem** 777 North Palisades Dr
(WC) The Dog & Pony Show "Cirque Lodge"

8:00pm **Price** 925 East Main St.
(WC) "Trinity Church"

Key: (C) Closed Meeting (For addict's only)
*Or for those who think they might have a
problem with addiction
(WC) Wheelchair Accessible

C.U.A.N.A. **Central Utah Area of Narcotics** **Anonymous**

Help Line (801)810-4081

Nautah.org

Central Utah Area Service Meeting

Jesse H (208)358-4888
Second Sunday of the month
At 4:00pm
777 North Palisades Dr. Orem
"Cirque Lodge"

Subcommittee Meetings

Hospitals and Institutions (H&I)

Justin B. (385)424-2400
Second Sunday of the month
At 3:00pm
777 North Palisades Dr. Orem
"Cirque Lodge"

Public Information (P.I)

Brad W. (801)960-7344

S.C.O.R.E

Summer Celebration of Recovery

Justin B. (385)424-2400
Second Sunday of the month
At 2:00pm
43 W. 800 N. Orem
"Grinders Coffee"

Gratitude Dinner

Patrick F. (801)319-3777

Literature

Scott C. (801) 885-6519

Activities

Eddie O. (801)900-1690

Region

Second Saturday of every other (even) month at
1:30pm
"All Saints Episcopal Church"
1700 S. Foothill Blvd. SLC