

## Region Meeting 6.10.2023

Open at 2:00 with a moment of silence  
Followed by the serenity prayer  
12 traditions read by - Hamilton  
12 concepts read by – John

### ROLL CALL

Facilitator: Kevin – present  
Secretary: Leska - absent  
Treasurer: Jessalyn – absent (report)  
Regional Delegate: James K - Present  
Regional Delegate Alternate (AD) – Cody - Present  
H&I Chair – OPEN  
PR Chair – Randy - present  
Webmaster -Justin – present  
Outreach Chair – Brittni – present  
URICNA – Melissa - absent  
Campvention – Leska – absent (report)

### RCM

Sasquatch – Hamilton – present  
Sasquatch Alternate – Hyrum –  
Central – John – present  
Lakeside – Adam – absent  
UWANA – James – absent  
UWANA Alternate – Donnie - absent  
High Uintah – absent  
Northern – Danny - absent

Others in attendance: none

Meet Quorum – NO ( but will review reports without voting on anything)

Previous Minutes – This was deferred to next meeting as we didn't have quorum

### Admin Reports:

**Facilitator:** Kevin –

**Secretary:** Leska not present – Randy filling in -

**Regional Treasurer:** Jessalyn – Report : RDs completed WSC travel about \$1000 under budget. Sent \$1500 to NAWS, There is a working balance of \$927.93, H&I balance of \$758.83 and PR balance of \$658.36 Please see report for details. See attachments.

**Utah Regional Delegate:** James K – Attended WSC, Travel expenses were below budget, Meeting went well and actively participated. Please reference summary of decisions,

**Utah Regional Alternate Delegate Report:** Cody – none

**Regional Webmaster Report:** Justin – Removed WSC links from web page. Google analytics required an upgrade, Added minutes to website, Hosting was renewed, Domain renewal is coming up. Please see report for details.

**Outreach Chair:** Brittini – Spoke with Tammi at High Uintah, lots of group challenges, Convention was last week. Was unable to connect with Northern. Will distribute flyer for a new meeting.

**Hospitals and Institutions Chair:** OPEN

**Public Relations Chair:** Randy – Will be attending PR workshop for Lakeside Area on 6/23 and moderating IDT Workshop on ‘Our Public Image.’ The next PI Committee Meeting will be Saturday, July 8<sup>th</sup> @ 2:00, a flyer is attached to report.

Greeting URSC Family and Happy PR Week. There are several projects that we are working on and would like to share with you.

**PR Workshop for Lakeside Area** – Kurtis R contacted me and asked for a PR workshop at their Fired Up service and speaker meeting on Friday June 23rd. I am looking forward to moderating an Information Discussion Topic Workshop on ‘Our Public Image.’ I have purchased 20 copies of “PR Basics” to hand out after the workshop. I think there is a budget for this but please let me know if this is something that needs to be approved or if I just submit the receipt to the Treasurer?

**Committee Meetings** – The second PI Committee Meeting will be on Saturday, July 8<sup>th</sup> @ 2:00. All PI / PR enthusiasts are encouraged to participate and all NA members are welcome. A flyer for this meeting is attached. Please share this flyer with your Area Service Committee. The meeting will be about an hour with an agenda focused on identifying services that would support your area by increasing awareness and credibility of the NA program. We will discuss ways to share our message openly with the public at large, prospective members and professionals.

The first meeting had no attendance. I am going to do things a little differently this time and out to PI/PR area committees now that I have a phone list.



### **H & I for Jails –**

Welcome to *Reaching Out!* Whether you are an NA member, a professional who works with recovering addicts, an incarcerated member or a member who provides Hospital and Institution service, this NA World Services newsletter may be a resource for you. *Reaching Out* in its design helps incarcerated addicts connect to the NA program of recovery, enhances H&I efforts and offers experience from members who successfully transitioned from the 'inside' to be productive members of society. The section "From the Inside" is filled with letters and artwork from incarcerated addicts who share their experience, strength and hope as they find and maintain recovery from addiction through NA. "From the Outside" section features stories from members who are living drug free in the community and have previously been incarcerated. Often, there is artwork from members on the 'outside'. Additionally, this section offers experience from H&I members who value and are deeply committed to carrying the NA message of recovery to addicts who are unable to attend regular NA community meetings. These letters are inspirational for many as they offer hope for a new way to live and they provide evidence of the efficacy of the NA program for any reader.

#### **Issues of *Reaching Out* (in PDF Format)**

**2023**

January - [English \(Printer-friendly booklet format\)](#) | [Russian](#) | [Spanish](#)

April - [English \(Printer-friendly booklet format\)](#)

**ASC Communications –** None this period

**Other RSC and Zonal Communications –** None this period

**WSO Communications -** None this period

Thank you for your support.

ILS,  
Randy T.  
(704) 904-3707

**URICNA:** Melissa – (Kevin – committee member) – successful fund raisers and things coming along

**Campvention:** Leska – Bake sale at Fish and Pig did not happen, funding in good shape, 70 registrations so far, points of contact for meals, 40 days away. Challenges with changing names on accounts.

## **RCM Reports**

**Central:** John – Donation of \$62, report, East Carbon on schedule, 501 © 3 paperwork for 7<sup>th</sup> tradition donations and have accounts

**High Uintah:** Open – no report

**Lakeside:** Adam – no report, Service learning day on 6/23, postpone elections to realign with new guidelines

**Northern:** Danny – no report

**Sasquatch:** Hamilton – The Sasquatch Area has 6 groups that meet regularly with attendance varying between 4-20 people. Tuesday's in-person meeting is back to being primarily just Brian, with no attendance from the recovery center. There's a new in-person meeting on Sunday at the Acqua recovery center at 9:35am, and they are reading the Just for Today meditation. Sasquatch Area is fiscally sound with a working balance close to \$500. We've been contributing \$50 per cycle to the region and that will continue.. H&I brings meetings into the Wasatch County jail for both men and women. Mackenzie has been taking meetings into the women's jail and is looking for someone to share that with. We are looking for an H&I chair. Phil has reached out his contacts at the prison and has confirmed they have received the literature we have sent, but the literature is not available in the pods. He's going to follow up again.

**UWANA:** - James H/Donnie – (Justin filling in) added three midday meetings, June 25 hike, July 1 Independence day, Aug 11-13 campout, see website for details.

### **UWANA Area Report to Utah Region**

**June 10, 2023**

**James H., RCM UWANA**

**H&I:** H&I going well, 16 facilities being supported including Men's and Women's prisons, jails, and the Prison release fair. Continuing to look for new members to be of support.

**PR:** A few regular members, website and meeting lists are remaining updated, phone line remains active. Have 7 literature racks which are being stocked. UWANA "Business Cards" have been printed for distribution.

**Activities:**

- Hosted an Easter Egg Hunt event on 4/8/23, which went very well
- Hosted a NA Battle Royale games event on 5/13/23.
- Planning a hike and meeting to Red Butte Gardens Living Room point on Sunday, June 25th @ 3pm, details on UWANA.org
- Planning an Independence day event on Saturday, July 1st @ 2pm, food, games and a meeting, details on UWANA.org

**Outreach:** Outreach is visiting 1-2 meetings each month and continuing to support struggling meetings, and supporting new GSRs, including training new GSRs and providing new GSR binders. Seeking a chair.

**NYE/UWACNA:**

Hosting a campout UWACNA again this year: UWACNA VIII: Harmony in the Hills United Wasatch Area Campout, Friday, August 11th - Sunday, August 13th at Pine Valley North campground, east of Kamas, the weekend of August 11<sup>th</sup>-13<sup>th</sup>. More details on UWANA.org

**Literature Report:** Continuing to fill orders, fully stocked.

**Treasurer:** Have not received a full April/May treasurer's reports. Meeting all expenses, made all earmarks in April and May. Donnie gave a check to James K. for a donation to Region for an unknown amount.

**General :**

- Area meets in person monthly (subcommittees and ASC) at SL County building.
- Seeking an Area Secretary and an Outreach Chair
- Some groups have support needs for attendance and home group meetings
- All subcommittees seeking support.
- A couple of new meetings have opened, we now have 27 weekly meetings, including:  
3 meetings are meeting weekly online, 24 meetings are meeting in person weekly

**Open Forum:** Rumor that Basic tests for Prison were not delivered. James – they may have been sent to Gunnison. Phil & John will check with their contacts.

Discussion around making Changes to Guidelines for RDAD term to extend to 3 years to align with WSC cycle.

Discussion around setting up Region as a non-profit. We have a tax id #, and are registered, but don't file as tax exempt.

Discussion around Amerifirst account and getting 3-5 directors on signature card – RD, Alt, Facilitator, Treas & Sec

**Old Business:** None as quorum was not met

**New Business:** None as quorum was not met

### **Next meeting in Vernal!!!**

Next Meeting:

*GSR Assembly*  
**February 25th @ 12**  
*1255 Park Ave,  
Park City, UT 84060*

*Central Area*  
**April 8th @ 2:00**  
*550 N, University Ave  
Provo, UT 84601*

*Virtual Meeting*  
**June 10th @ 2:00**  
*Meeting ID: 117 447 546*

*High Uintah Area*  
**August 12th @ 2:00**  
*204 East 100 North  
Vernal, UT 84078*

*Sasquatch Area*  
**October 14th @ 2:00**  
*875 S 600 W  
Heber, UT 84032*

*Lakeside Area*  
**December 9th @ 2:00**  
*215 N Fairfield Rd  
Kaysville, UT 84037*

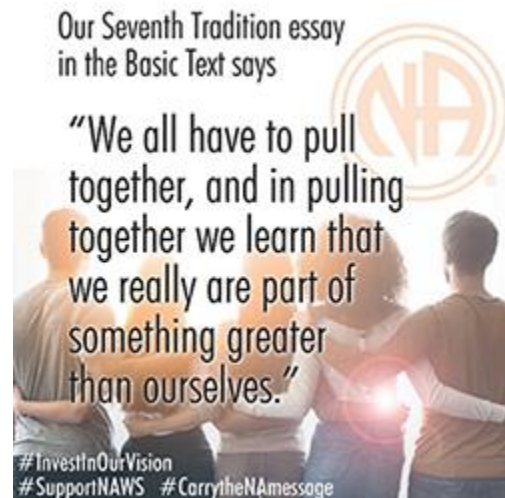
**Meeting Closed: 3:22pm** – Kevin, third step prayer

# URNA PI/PR Meeting

- Topic:** Utah Region Public Information / Public Relations Subcommittee
- Who:** All PR enthusiasts and NA members are welcome and encouraged to participate.
- What:** Identifying services that would support Utah Region Areas by increasing awareness and credibility of the NA program. We will discuss ways to share our message openly with the public at large, prospective members and professionals.
- When:** Saturday, July 8, 2023 2:00 PM Mountain Time
- Where:** Join Zoom Meeting:  
<https://us04web.zoom.us/j/74845826075?pwd=ptBb6EWyHiquM4OCHpCvLahFa6TPdw.1>
- Meeting ID:** 748 4582 6075  
**Passcode:** URNA

## **Our vision is that one day:**

**Narcotics Anonymous has  
universal recognition and  
respect as a viable program  
of recovery.**



URNA - 2022		Starting	February	April	June	August	October	December	Y.T.D
INCOME	Northern		\$79.00	\$66.94	\$45.00				\$190.94
	Lakeside Unity		\$124.40	\$400.23	\$237.29				\$761.92
	Central		\$85.00						\$85.00
	UWANA		\$732.01	\$345.61	\$373.92				\$1,451.54
	Sasquach			\$100.00					\$100.00
	High Uintah								\$0.00
	member/group		\$15.05	\$230.54	\$73.00				\$318.59
	Campvention			\$324.00					\$324.00
	URICNA		\$324.00						\$324.00
	<b>Total Deposit</b>		<b>\$1,359.46</b>	<b>\$1,467.32</b>	<b>\$729.21</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>
BILLS	Rent for meeting		\$20.00						\$20.00
	PO Box due August								\$0.00
	Storage Unit		\$648.00						\$648.00
	Other fees (Corp/IRS)								\$0.00
	Website June/Aug			\$10.00	\$167.88				\$177.88
CONTRIBUTIONS	Cycle Starting Balance		\$691.46	\$1,457.32	\$561.33	\$0.00	\$0.00	\$0.00	
	H&I Literature (15%)		\$103.72	\$218.60	\$84.20	\$0.00	\$0.00	\$0.00	\$406.52
	PI (15%)		\$103.72	\$218.60	\$84.20	\$0.00	\$0.00	\$0.00	\$406.52
	NAWS Donation (15%)		\$103.72	\$1,506.61	\$84.20	\$0.00	\$0.00	\$0.00	\$1,694.53
	Cycle End Balance		\$380.30	\$13.51	\$308.73	\$0.00	\$0.00	\$0.00	\$702.54
	<b>Working Balance Start</b>		<b>\$1,786.11</b>	<b>\$472.07</b>	<b>\$3,720.89</b>	<b>\$927.93</b>	<b>\$927.93</b>	<b>\$927.93</b>	
	Motions (Working)		871.24						\$871.24
	RMZF								\$0.00
	World Conference		915.6		\$2,793.84				\$3,709.44
	Travel - workshops			\$437.99					\$437.99
	Reimbursements			\$35.10					\$35.10
	Bank Fees / Interest		-\$0.73	-\$1.02	-\$0.88				-\$2.63
	<b>Working Balance End</b>	<b>\$490.21</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$927.93</b>	<b>\$927.93</b>	<b>\$927.93</b>	<b>\$927.93</b>	
PRUD	Income								\$0.00
	Expenses								\$0.00
	<b>Balance (savings)</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	
H&I LIT	Additions (15% of dep)		\$103.72	\$218.60	\$84.20	\$0.00	\$0.00	\$0.00	\$406.52
	Expenses								\$0.00
	<b>Balance</b>	<b>\$352.31</b>	<b>\$456.03</b>	<b>\$674.63</b>	<b>\$758.83</b>	<b>\$758.83</b>	<b>\$758.83</b>	<b>\$758.83</b>	
PI	Additions (15% of dep)		\$103.72	\$218.60	\$84.20	\$0.00	\$0.00	\$0.00	\$406.52
	Expenses			\$500.00					\$500.00
	<b>Balance</b>	<b>\$751.84</b>	<b>\$855.56</b>	<b>\$574.16</b>	<b>\$658.36</b>	<b>\$658.36</b>	<b>\$658.36</b>	<b>\$658.36</b>	
<b>Total Checking Balance</b>		<b>\$1,594.36</b>	<b>\$1,311.59</b>	<b>\$1,248.79</b>	<b>\$2,345.12</b>	<b>\$2,345.12</b>	<b>\$2,345.12</b>	<b>\$2,345.12</b>	
		VERIFIED	PENDING	ON HOLD	Income	Expenses	Difference	Bank Balance	
		PENDING and ON HOLD Items as of:					-\$252.08	\$2,597.20	



## James Krstich - Utah RD Expenses 2023 WSC wth Cody Pine

Date	Description	Amount	Amount
5/8/2023	Warner Center MarrioWoodland Hills CA	1662.12	Hotel
5/7/2023	BAJA FRESH #30207 00WOODLAND HILL CA	34.14	Food
5/7/2023	DENNY'S WOODLAND HILLS CA	21.40	Food
5/7/2023	EXXONMOBIL 9764 INGLEWOOD CA	47.80	Transportation
5/7/2023	NATIONAL CAR R016002INGLEWOOD CA	175.20	Transportation
5/7/2023	Starbucks Marriott Warner Center Lobby	5.09	Coffee
5/6/2023	MILANS PIZZA AND WINLOS ANGELES CA	48.88	Food
5/6/2023	TST* SLOAN'S TOPANGAWOODLAND HILL CA	18.56	Food
5/6/2023	Starbucks Topanga Cyn & Ventura	3.95	Coffee
5/5/2023	10013 CAVA TOPANGA WOODLAND HILLS CA	33.07	Food
5/5/2023	Starbucks Marriott Warner Center Lobby	7.28	Coffee
5/4/2023	BT*DD *DOORDASH CRICSAN FRANCISCO CA	27.28	Food
5/4/2023	BT*DD *DOORDASH PH99SAN FRANCISCO CA	31.25	Food
5/4/2023	DAN MODERN CHINESE 9WOODLAND HILL CA	74.69	Food
5/4/2023	TST* OLD NEW YORK DEWOODLAND HILLS CA	47.95	Food
5/4/2023	Starbucks Marriott Warner Center Lobby	7.23	Coffee
5/4/2023	Starbucks Marriott Warner Center Lobby	7.28	Coffee
5/3/2023	HAYATS KITCHEN INC NORTH HOLLYWO CA	67.61	Food
5/3/2023	Starbucks Marriott Warner Center Lobby	5.09	Coffee
5/2/2023	HOOK BURGER - WOODLALOS ANGELES CA	34.69	Food
5/2/2023	UBER	24.40	Transportation
5/2/2023	Starbucks Marriott Warner Center Lobby	4.87	Coffee
5/2/2023	Starbucks Marriott Warner Center Lobby	5.09	Coffee
5/1/2023	MAGGIANO'S WOODLAND HILLS CA	68.38	Food
5/1/2023	POKE BAR W 0000 WOODLAND HILL CA	48.99	Food
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4/30/2023	BJS RESTAURANTS 415 WOODLAND HILLS CA	30.13	Food
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4/30/2023	SWEETFIN POKE TOPANGAWOODLAND HILL CA	55.66	Food
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4/29/2023	MARU RAMEN 3 LLC 000LOS ANGELES CA	53.33	Food
4/29/2023	Starbucks Topanga Canyon & Dumetz	4.25	Coffee
4/28/2023	#33 LUCILLE'S - WOODWOODLAND HILL CA	82.23	Food
		<b>2793.84 Total</b>	



# Receipt

Posted Date: Jun 8, 2023

Total: \$1,058.70

Payment Type: Credit Card

Receipt Number: 0000575025

Installments: Not Applicable

To Jessalyn Randall

Contributor Details:  
Utah Region  
Utah Region - RG717

RG717  
Utah Region  
Region

From Narcotics Anonymous World Services

PO Box 9999  
Van Nuys, California USA 91409  
+1.818.773.9999  
nadata@na.org  
<https://www.na.org/>

Order #	Items	Total
000271474	NA Contribution	\$1,058.70

Amount Paid

\$1,058.70

*"Our financial contributions help pay for services...Translation efforts, free or subsidized literature, fellowship development workshops—all of these services are carried out on behalf of NA as a whole, to make our message available to still-suffering addicts worldwide." (IP #24, Money Matters: Self Support in NA)*

NA World Services, Inc. is a 501(c)3 non-profit organization, Federal ID 95 3090596.  
In the USA the IRS has determined donations to NA World Services to be tax exempt.

# Order Number: 2602057623

Product	Quantity	Term	Price
Deluxe Linux Hosting with cPanel Renewal	1 Month	1 Year	\$167.88
Subtotal:			\$167.88
Tax:			\$0.00
Total:			\$167.88

[View Full Receipt](#)

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Dear Utah Region,

Thank you so much for your contribution to  
NA World Services.

Contribution Date: 6/10/2023

Contribution Amount: \$447.91

Contribution Comes From: An RSC

Region: Utah Region - RG717

You can view your contribution receipt  
[online](#).



## Deposit Accounts

Account	Current Balance	Available Balance
Share Savings ****8970	\$502.03	\$501.03
Checking ****8970	\$2,597.20	\$2,597.20
<b>Totals</b>	<b>\$3,099.23</b>	<b>\$3,098.23</b>

slc air port	10
hook burger	16.86
cheveron	6.97
pacific west general	4.48
cheveron	2.49
cheveron	2.49
cheveron	2.29
cheveron	8.46
starbucks	5.84
starbucks	5.09
hook burger	11.94
cheveron	9.71
cheveron	13.61
mc.donalds	11.27
total	111.5

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