

## Region Meeting 12.9.2023

Open at 2:05 with a moment of silence

Followed by the serenity prayer

12 traditions read by - Danny

12 concepts read by – Kevin

### **ROLL CALL**

Facilitator: Kevin – Here

Secretary: Leska - Here

Treasurer: Jessalyn - Here

Regional Delegate: James K – Absent - Report

Regional Delegate Alternate (AD) – Cody - Here

H&I Chair – OPEN

PR Chair – OPEN

Webmaster -Justin – Here

Outreach Chair – Brittni – Here

URICNA – Melissa – Absent – Tanith here

Campvention – Brittni – Absent - Report

### **RCM**

Sasquatch – Hamilton – Here

Sasquatch Alternate – Vacant

Central – John – Absent

Lakeside – Adam – Here

UWANA – James – Absent - Report

UWANA Alternate – Donnie - Absent

High Uintah – December - Absent

Northern – Danny - Here

Others in attendance: Chelsey S, Phil F, Justin Butts

Meet Quorum – Not met at this point 2:14pm

Previous Minutes – August minutes were never complied

## **Admin Reports:**

**Facilitator:** Kevin – No report

**Secretary:** Leska – October minutes serve as report

**Regional Treasurer:** Jessalyn – December Cycle - Regional Report Bank Balance is \$7968.65. With a working balance of \$3600.00. Region received funds from Campvention for the amount of \$4281.18. Region was reimbursed for the storage from URICNA for the amount of \$432.51. Region will still need to be reimbursed by Campvention for the storage. \$138.08 was donated to NAWS for the last cycle

**Utah Regional Delegate:** James K – **RD Report - December 2023**

- Please visit: [NA.ORG](https://na.org) for all information relating to Narcotics Anonymous including:
  - Information for the Public
  - Online Periodicals
  - Events
  - Information for Our Members
  - To Purchase NA Literature
  - To make a Donation to Narcotics Anonymous World Service
  
- 2023-2026 Issue Discussion Topics are starting to be available online. These IDTs can be used at Regional, Area, or Group Presentations. If you would like the Delegate Team to host a presentation on any of these topics, please reach out to Cody P or myself to discuss our availability.
  - Gender-Neutral and Inclusive Language in NA Literature
    - All documents available now
  - Dealing with Disruptive and Predatory Behavior
    - All documents available now
  - Reimagining and Revitalizing Service Committees
    - Documents coming soon.
  - DRT/MAT as It Relates to NA
    - Documents coming soon.
  
- NAWS is looking for input from Members, Groups, and Committees on the following topics.
  - [H&I Basics Survey](#): Deadline is March 31, 2024 Open to all members.
  - Issue Discussion Topic Input Forms – After these IDTs are presented, NAWS is asking for input from those to attend and participate in these workshops.
    - [Gender-Neutral and Inclusive Language in NA Literature](#)
    - [Dealing with Disruptive and Predatory Behavior](#)
  
- The World Convention of NA will be returning to Washington, DC, 29 August – 1 September 2024. Please plan to attend as it will be an amazing time for all. Many airlines are now available to book for this event. If you or someone you know is interested in being considered as a workshop or main speaker at WCNA 38, please provide the information at [NA.ORG/WCNA](https://na.org/wcna), and a speaker recording, if available, before 31 March 2024. Clean time requirements are five years for workshop speakers and ten years for main speakers. Registration and hotel blocks will open before the end of 2023, visit [NA.ORG/SUBSCRIBE](https://na.org/subscribe) to subscribe to the mailing list to be notified when registration opens.

In loving service,

James K

---

**Utah Regional Alternate Delegate Report:** Cody P – Attended last CP web call and it was going over IDTs for this cycle. It was short and sweet. Did miss the RMZF meeting and was not able to attend. Sent in service resume for RD position.

**Regional Webmaster Report:** Justin –

### CHANGES/UPDATES

- October RSC minutes were uploaded to the **Archive** page
  - <https://nautah.org/archive/>
- Updated **main** page to reflect this meeting
- **Events** page up to date with latest fundraisers and meeting info for Campvention, URICNA info removed with a note for the next URICNA in November 2024.
  - <https://nautah.org/events/>
- **Meetings** page - no major changes.
  - <https://nautah.org/meetings/>
- **Central Area's** page t- no major changes.
  - <https://nautah.org/central/>

### RENEWALS:

**\*Summary:** Region is up to date on reimbursements, next payment is the Campvention domain in March 2024.

- Domain, Campvention.com: 3/3/2023 (Now 3/3/2024)
  - Paid \$20.17 -- reimbursed 6/14 via venmo (campvention 38 account)
- Domain, URICNA.com: 5/24/2023 (Now 5/24/2024)
  - Paid \$22.17 - reimbursed 10/14 via URICNA
- Hosting: 6/15/2023 (Now 6/15/2024)
  - Paid \$167.88 -- reimbursed 6/15 via venmo from Jess
- Domain, UWANA.org: 8/20/2023
  - Paid \$23.17 on 8/21 - Need reimbursement (from UWANA area)
- Domain, NAUtah.org: 8/20/2023
  - Paid \$23.17 on 8/21 - reimbursed 10/14 via venmo from Jess

### NAWS Workshop - Web Meeting List:

**\*Summary:** I attended the meeting concerning updates to how [na.org](http://na.org) lists meetings. Basically they will be changing from a maintained database of meetings to a page that is map-based providing a link to the local Area or Region closest to where someone wants to find meetings. I

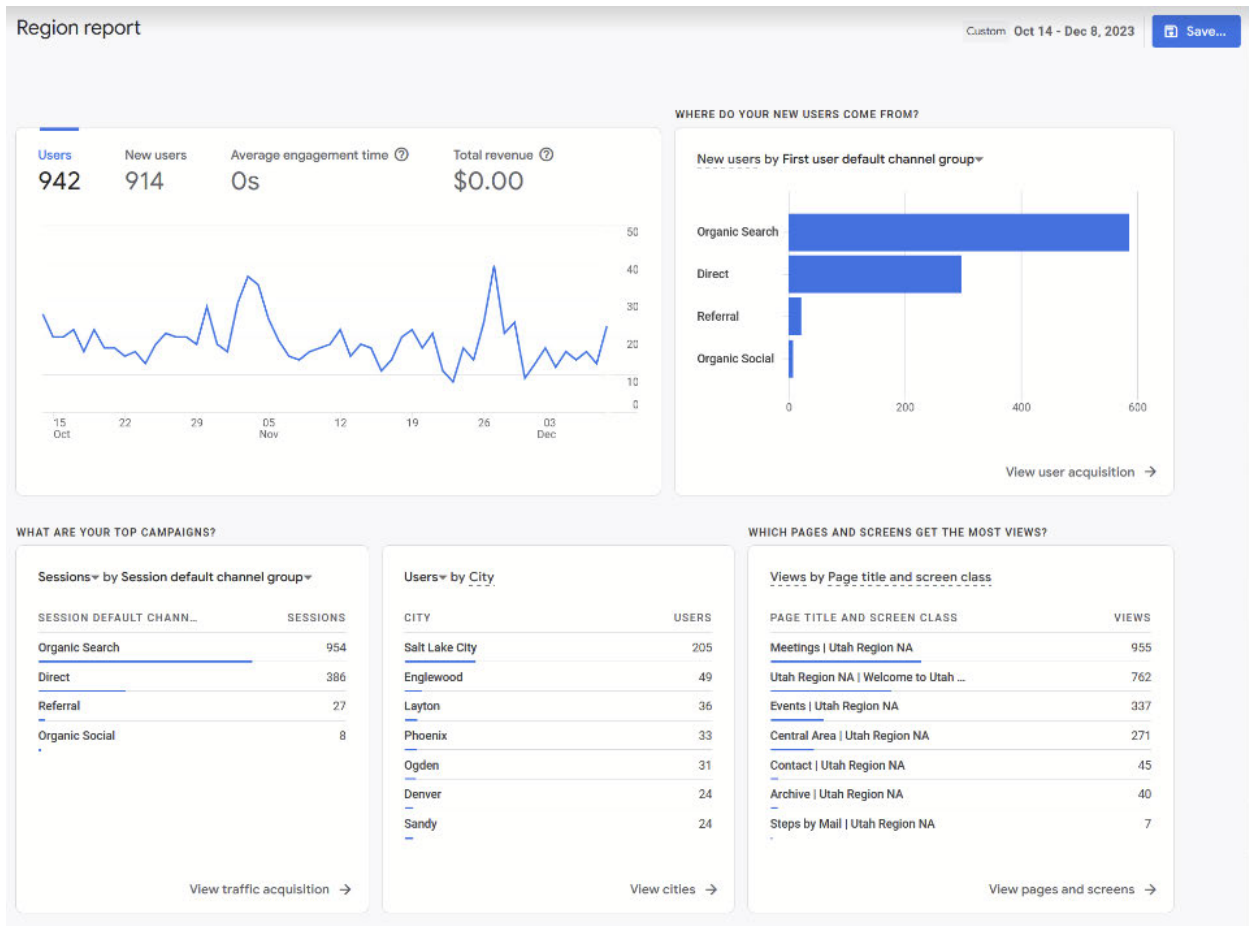
submitted coordinates for geographic centers of each of the Areas in the Utah Region with basic descriptions of the cities/counties that the Areas serve.

- The test page for the new meeting finder can be seen here: <https://na.org/phoneweb/>
  - I checked through it today and it looks like they did not get the Northern Area (nothing at all) or the Sasquatch Area (only in the browsing by State section, not on map) mapped on the page, so I sent an email earlier today with these fixes.
  
- Below is what I sent to NAWS for updating the map:
  - Utah Region
    - Utah  
<https://www.nautah.org>  
877-479-6262  
Coordinates: 40.790670, -111.900525  
Zip Code: 84103
    - United Wasatch Area  
Salt Lake Metropolitan Area; Salt Lake County, Tooele County, Southern Davis County; Salt Lake City, West Valley, West Jordan, Centerville, Tooele  
<https://www.uwana.org>  
801-252-5362  
Coordinates: 40.691841, -111.891570  
Zip Code: 84115
    - Central Utah Area  
Utah County; Provo, Orem, Price  
<https://nautah.org/central>  
Coordinates: 40.262786, -111.684699  
Zip Code: 84058
    - Lakeside Unity Area  
Northern Davis County; Layton, Centerville, & Evanston, WY  
<https://www.lakesidenautah.org>  
877-479-6262  
Coordinates: 41.106853, -112.019304  
Zip Code: 84105
    - Sasquatch Area  
Wasatch County, Summit County; Heber, Midway, Park City  
<https://sasquatchareana.org>  
(435) 215-0033  
Coordinates: 40.506808, -111.423562  
Zip Code: 84032
    - Northern Utah Area  
Weber County, Cache County; Ogden, Logan  
<http://northernutahna.org>  
877-479-6262  
Coordinates: 41.423266, -112.043944  
Zip Code: 84340
    - High Uintah Area  
Vernal  
<https://vernalutahnahighuintaharea.org/>

435-790-0726 (Men)  
 435-219-5192 (Men)  
 435-790-0982 (Women)  
 435-621-1589 (Women)  
 Coordinates: 40.460952, -109.528747  
 Zip Code: 84078

**ANALYTICS:**

- Below are some Analytics of the site from October 14th through December 8th:



**Outreach Chair:** Brittni – Putting together a group of people to go to Price next Sunday and support their newer meeting. We made a decision in Lakeside area to please support Northern meetings.

**Hospitals and Institutions Chair:** OPEN

**Public Relations Chair:** OPEN

## **URICNA: Melissa – Not Present – Report**

Minutes for 12/09/2023

Happy Holidays Everyone! My apologies for not being there today. I have some family stuff going on today. Anyway the main event had a great turn out and it was so great to see everyone there!

We did meet the entire room block for the hotel, so thanks to everyone for booking! The suggestion we got last year about having marathon meetings was taken and we were able to provide thanks to all the volunteers who signed up to be there for the all nighters! Glad the opportunity was available. The sound bath portion was a wonderful take on an activity for this convention and look forward to that in the future! Thanks to all the areas for all the wonderful donations for the hospitality room and all the raffle and literature for the newcomers we are so grateful for the time and work it took to make this happen. Also big thanks to Danny B. for having more merch items available and donating to our raffle as well as Alyssa for all the wonderful merch accents!! It's been truly wonderful to serve at the regional level. Thanks to the 2023 committee as well! The Elections portion was amazing and next year's committee is going to kill it!!

Thanks for letting me serve! If there is anything that I can do to help answer questions or if I have forgotten anything please give me a call I am available by phone 435-315-6627.

**Tanith** – Treasurer – working balance of \$5442.31 to start off with next year. Did not make back the prudent reserve of \$10,000.

**AUDIT WILL NEED TO BE TANITH, MELISSA, JESS, DANNY WILL BE RCM – NEEDS TO BE SCHEDULED – SHOOT FOR BEGINNING OF FEBRUARY-ISH – BEFORE NEXT CYCLE?**

There are some funds available from CV overage that might help them. Unable to affirm Justin at this time.

**Campvention:** Brittni – Still has not been affirmed. We conducted our audit and kept \$6500, donated \$4281.18 back to Region. We replenished the majority of supplies before that happened. Major change for Campvention 41 – held in September. Dates will be September 12-14<sup>th</sup> at Weber Memorial Campground. Currently running theme and logo contest and that will close January 1<sup>st</sup>. We are rotating between in person and zoom meetings and are having a meal when we meet in person. We did a dutch oven meeting at Causey, and we are not meeting in December, but next meeting will be January 4<sup>th</sup> Sunday in Central area and do breakfast for dinner. We have had a few fundraisers and will continue with that.

Have sold most of last years merch at URICNA and made about \$400. We are having another fundraiser tonight and making carmel puff to sell this month, and chili for the Superbowl. Next in person fundraiser will be in March. We have a full committee.

# CAMPVENTION

## Meeting Schedule

Sep.	<b>24</b>	Zoom: 538 782 1823 Password: 1953
OCT.	<b>22</b>	In-Person - Dutch Oven 6:00p Weber Memorial Campground
Nov.	<b>26</b>	Zoom: 538 782 1823 Password: 1953
Jan.	<b>28</b>	In-Person - Breakfast Location TBD-Central Area
Feb.	<b>25</b>	Zoom: 538 782 1823 Password: 1953
Mar.	<b>26</b>	In-Person - Traditional BBQ Location TBD-LUANA Area
Apr.	<b>28</b>	Zoom: 538 782 1823 Password: 1953
May	<b>26</b>	In-Person - Hawaiian BBQ Location TBD-UWANA Area
June	<b>23</b>	Zoom: 538 782 1823 Password: 1953
July	<b>07</b>	In-Person - Dutch Oven Location TBD

**CAMPVENTION JULY 12-14 2024**



## RCM Reports

**Central:** John – No report

**High Uintah:** December – No report

**Lakeside:** Adam – Sorry for being late – Lakeside will do marathon meetings starting Christmas Eve at 8pm at the Baptist Church by the mall – 1332 N Hillfield Rd. Movies and games for kids. Meetings and food. Meetings will donate food – snacky type things. They will continue through Christmas day at Noon. Elections will be held the first Sunday of January and all positions will be open.

**Northern:** Danny - Report for Northern

Vote on Women's Retreat Funds:

REGION VOTE: Women's Retreat fund from Region of \$600: PASSED

NUACNA Announcement

First 100 to register for NUACNA will get a limited edition pin that will not be available for purchase and one entry into a pre-registration blanket raffle. Will get registration link.

Thanks,





## **Sasquatch: Hamilton**

### **Sasquatch Area Report - December 2023**

The Sasquatch Area has 5 groups that meet regularly with attendance varying between 4-20 people. Brian had been opening a meeting on Tuesday, but over a period of months was the only attendee. That meeting has been closed. Another meeting on Thursday night had not been opened many weeks in a row, and that meeting has also been closed. The website has been updated with this information. The area just had service nominations and voted to accept all nominees with most positions filled. Regular donations to Region are still being made. We are fiscally sound. Annual Area Christmas Party will be Dec. 15, 2023 at the Best Western in Heber at 5:30 PM - white elephant with a gift limit of \$10.

JOIN US FOR THE NARCOTICS ANONYMOUS

---

# *Holiday Party*

5:30PM  
15TH DECEMBER

BEST WESTERN  
1227 S US HIGHWAY 40,  
HEBER CITY, UTAH 84032

---

FOOD PROVIDED, BRING A  
GIFT UNDER \$10 FOR  
WHITE ELEPHANT.

*We can't wait to see you!*

**UWANA:** James/Donnie –

**UWANA Area Report to Utah Region  
December 9, 2023**

**James H., RCM UWANA**

**H&I:** H&I going well, 16 facilities being supported including Men's and Women's prisons, jails, and the Prison release fair. Continuing to look for new members to be of support.

**PR:** A few regular members, website and meeting lists are remaining updated, phone line remains active. Have 4 literature racks which are being stocked. Participated in USARA Recovery days on September 9<sup>th</sup>, and a recovery fair in Tooele on Sept. 23<sup>rd</sup>.

**Activities:**

- Hosted joint NA-lloween Party with Lakeside and Northern on October 28<sup>th</sup>, in Clearfield.
- Hosted a "Friends Giving" in November
- A Zoo Lights event was hosted yesterday, December 8<sup>th</sup>, and was a success.

**Outreach:** Outreach is visiting 1-2 meetings each month and continuing to support struggling meetings, and supporting new GSRs, including training new GSRs and providing new GSR binders. Helping new meetings out. Coordinating with Activities to support committee over the holidays.

**NYE/UWACNA:**

Hosting a New Years event, at Saint Marks church 231 East 100 South in Salt Lake City, on Sunday December 31, 2023 from 6pm to 1 or 2am.

**Literature Report:** Continuing to fill orders, fully stocked.

**Treasurer:** Treasurer's report for rest of the year are now mostly reconciled. Area is meeting all expenses, made all earmarks in October and November. Will have a check for Jess in February.

**General :**

- Area meets in person monthly (subcommittees and ASC) at SL County building.
- Some groups have support needs for attendance and home group meetings
- Working on forming a non-profit, changing banks, and revising our UWACNA guidelines in ad hoc groups.
- All subcommittees seeking support.
- Another new meeting have opened, we now have 31 weekly meetings, including: 3 meetings are meeting weekly online, 28 meetings are meeting in person weekly.

- We have a split group conscience on funding the Women's Retreat, but they are voting Yes on the motion to provide funding of \$600. Discussion around increased funding was had, but groups had multiple concerns; can discuss in February.

## **Open Forum:**

What can we do to get our RCMS here – has there been discussion about having it at a different time? Could we send a flyer to Areas to explain what an RCM is? Should we discuss changing date time to make it easier? Guidelines say it is 2<sup>nd</sup> Saturday but we could change the guidelines. We will put a survey out to the fellowship to see what people think and if we could get more people to show up.

Jess – we received some Steps by Mail – and a package with some books – unsure why?

## **WOMENS RETREAT**

Chelsey asked about storing some stuff in the Region storage – advised to reach out to Ryan Y, CV and URICNA chair.

Proposed Budget will be attached to the minutes and shows \$6751.21

It will be sometime in 2025.

There is currently a motion for \$600 but advised by Brittini they should come with a motion with specific amounts that you are needing because URICNA will also be coming to the table with a money motion.

**NO VOTE AND NO MOTION AT THIS CYCLE – BUT IN FEBRUARY THERE WILL BE A MOTION BROUGHT.**

## **Old Business:**

Campvention Affirmations: Kevin will make sure we get the folks that need to be affirmed next cycle.

**Elections:** Open Positions: PR and H&I – No Nominations – Leaving both open

## **New Business:**

URICNA Affirmations: Kevin will make sure we get those folks handled next cycle too.

Next Meeting: February 10<sup>th</sup> – UWANA area – Foothill Location – time TBD in email thread after survey

Meeting Closed at 3:30pm

## Cody P Service Resume

Hello everyone as a member of narcotics anonymous. I am constantly learning and wanting to expand my knowledge of the program the traditions and all while working the steps. I also strive to bring a clear conscious to this program. After being a part of the regional delegate team and even attending WSC 2023. I am excited moving forward to be the delegate and the fun and excitement included in this position. Following Cody P Service Resume

Hello everyone as a member of narcotics anonymous. I am constantly learning and wanting to expand my knowledge of the program the traditions and all while working the steps. I also strive to bring a clear conscious to this program. After being a part of the regional delegate team and even attending WSC 2023. I am excited moving forward to be the delegate and the fun and excitement included in this position. Following are some of my previous experiences in service and this list is always growing and changing due to my recovery program always evolving.

2013-2019 LPG group meeting opener

2014 Merchandise chair for URMRCNA

2015 LPG Campout chair

2017 LPG Birthday party chair

2019-2020 RTU group Secretary

2019-2021 RTU group meeting opener

2021-2022 RTU Group B-day Party Chair

2022-2023 Finally Connected GSR

2023-current Finally Connected meeting opener

2020-2022 RCM for lakeside

2020- Current PR committee member

2022-current Regional Delegate Alternate

Thank you for your consideration in this RD position I will always carry a clear regional conscious to and from world.

Thank you,

Cody Pine

# Brittni K.

April 17, 2008

## Skills Summary

Project Management	Working knowledge of 12 Traditions
Budgeting	
Process Improvement	Working knowledge of 12 Concepts
Writing and communication skills.	Active Involvement on the regional fellowship
Organization	

## Service Experience

### Regional Service

- 2009–2012 Secretary
- 2012–2014 URICNA Chair
- 2016–2017 Facilitator
- 2018–2022 Treasurer
- 2022–Current Outreach
- 2023 Campvention Chair
- 2019 Guideline AD HOC
- Event AD HOC
- Audit AD HOC

### Area Service

- 2008–2012 Tumbleweed Area: Experience includes Secretary, Treasurer, Activities, Chair, and RCM
- 2012–2017 United Wasatch Area: Experience includes Secretary, PR, Activities, Vice Chair, and Chair
- 2017–2023 Lakeside Unity Area: Experience includes Activities and Chair
- Various Subcommittee Positions: Phone-line Coordinator, Guidelines, Audit

### Homegroup Service

- Opener
- Chair
- Secretary
- GSR
- Treasurer

## Other Info

Clean Date 4.17.2008

I have an Narcotics Anonymous sponsor  
I work Narcotics Anonymous Steps and Traditions  
I sponsor members in the fellowship of Narcotics Anonymous  
I attend meetings and functions throughout the region.  
I am familiar with regional guidelines and procedures  
I have a working knowledge of the service structure as well as the regional priorities  
I consider myself a responsible and productive member of society  
Time and commitment to fulfill the duties the position requires.



### **December Cycle Regional Report**

Bank Balance is \$7968.65. With a working balance of \$3600.00. Region received funds from campvention for the amount of \$4281.18. Region was reimbursed for the storage from URICNA for the amount of \$432.51. Region will still need to be reimbursed by campvention for the storage. \$138.08 was donated to NAWS for the last cycle.

50009632 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: September 30, 2023

Account Number: 7778970

Page Number 1 of 2



**for your information**

Invest your deposits in Money Market Savings from America First and benefit from higher returns. These accounts provide easy & immediate access to your money-just like regular savings-but offer tiered dividends, which means the more you save, the more you'll earn. Get details and apply via [americafirst.com](http://americafirst.com).

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2023 Dividends	Ending Balance	Total Amount Due	Next Payment	2023 Interest
Share Savings	502.11	0.20				
Checking	2,213.62	3.55				
<b>Total:</b>	<b>2,715.73</b>	<b>3.75</b>				

**Share Savings**

Statement Period: September 01, 2023 - September 30, 2023

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.09
09/30	10/01	DIVIDEND EARNED FOR PERIOD OF 09/01/2023 THROUGH 09/30/2023		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.11
		ENDING BALANCE		502.11

**Checking**

Statement Period: September 01, 2023 - September 30, 2023

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			2,864.47
09/02	09/01	VISA - 08/31 PRIME STORAGE UT08 801-2551500 UT 031498		865.03-	1,999.44
09/05	09/04	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		99.47	2,098.91
09/15		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX032-1.9 NORTHERN UTAH AREA		114.53	2,213.44
09/30	10/01	DIVIDEND EARNED FOR PERIOD OF 09/01/2023 THROUGH 09/30/2023			
		ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.18	2,213.62
		ENDING BALANCE			2,213.62

UTAH REGIONAL SERVICE

Account Number - 7778970

September 30, 2023 Page - 2 of 2

## Checking Summary

<u>Item</u>	<u>Amount</u>	<u>Item</u>	<u>Amount</u>	<u>Item</u>	<u>Amount</u>	<u>Item</u>	<u>Amount</u>
VISA	865.03						
<b>Total Checks and Visa Checking:</b>		865.03		<b>Total Withdrawals:</b>	.00	<b>Total Deposits:</b>	214.18

50009411 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: October 31, 2023

Account Number: [REDACTED]

Page Number 1 of 2

**fyi** for your information

With the holidays approaching, most of us are planning to spend some hard-earned money on gifts & making treasured memories. But what if you could earn extra cash at the same time? Before New Year's Day, open a new Visa® Signature credit card, spend \$3,000 in the first 90 days and get \$300 back! Visit [americafirst.com](http://americafirst.com) for details. Eligibility, terms & conditions apply.

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2023 Dividends	Ending Balance	Total Amount Due	Next Payment	2023 Interest
Share Savings	502.13	0.22				
Checking	3,211.87	3.78				
<b>Total:</b>	<b>3,714.00</b>	<b>4.00</b>				

**Share Savings**

Statement Period: October 01, 2023 - October 31, 2023

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.11
10/31	11/01	DIVIDEND EARNED FOR PERIOD OF 10/01/2023 THROUGH 10/31/2023		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.13
		ENDING BALANCE		502.13

**Checking**

Statement Period: October 01, 2023 - October 31, 2023

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			2,213.62
10/01		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		97.64	2,311.26
10/11		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX032-1.9 NORTHERN UTAH AREA		111.40	2,422.66
10/14		FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX559-1.9 JESSALYN RANDALL		15.00	2,437.66
10/14		MOBILE DEPOSIT		100.00	2,537.66
10/14		DEPOSIT		26.00	2,563.66
10/17		MOBILE DEPOSIT		432.51	2,996.17
10/17		CHECK	358	23.17-	2,973.00
10/24		MOBILE DEPOSIT		57.90	3,030.90
10/24		MOBILE DEPOSIT		140.54	3,171.44

## Checking, Continued

Statement Period: October 01, 2023 - October 31, 2023

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
10/24		MOBILE DEPOSIT		40.20	3,211.64
10/31	11/01	DIVIDEND EARNED FOR PERIOD OF 10/01/2023 THROUGH 10/31/2023			
		ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.23	3,211.87
		ENDING BALANCE			3,211.87

## Checking Summary

Item	Amount	Item	Amount	Item	Amount	Item	Amount
358	23.17						
<b>Total Checks and Visa Checking:</b>	<b>23.17</b>	<b>Total Withdrawals:</b>	<b>.00</b>	<b>Total Deposits:</b>	<b>1,021.42</b>		

50009347 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: November 30, 2023

Account Number: 7778970

Page Number 1 of 1



**for your information**

Teach your kids the value of responsible money management and get a \$50 stocking stuffer! Simply open a new America First youth savings account, deposit \$50 or more, and we'll offer an additional \$50! Visit [americafirst.com](http://americafirst.com) for eligibility details, terms & conditions.

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2023 Dividends	Ending Balance	Total Amount Due	Next Payment	2023 Interest
Share Savings	502.15	0.24				
Checking	3,647.85	4.07				
<b>Total:</b>	<b>4,150.00</b>	<b>4.31</b>				

**Share Savings**

Statement Period: November 01, 2023 - November 30, 2023

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.13
11/30	12/01	DIVIDEND EARNED FOR PERIOD OF 11/01/2023 THROUGH 11/30/2023		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.15
		ENDING BALANCE		502.15

**Checking**

Statement Period: November 01, 2023 - November 30, 2023

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			3,211.87
11/01		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX032-1.9 NORTHERN UTAH AREA		122.21	3,334.08
11/09		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		313.48	3,647.56
11/30	12/01	DIVIDEND EARNED FOR PERIOD OF 11/01/2023 THROUGH 11/30/2023			
		ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.29	3,647.85
		ENDING BALANCE			3,647.85

## Women's Retreat Budget (2025)

- Program:  
Printing- \$100  
Poster board & supplies- \$100  
Any unforeseen transportation for speakers- \$100  
Total: \$300
- Fundraising and Raffle:  
Total: \$500
- Merchandise:  
Total: \$2000
- Catering and facility:  
Total: \$2780.58
- Activities:  
Supplies: \$400  
Paper and printing: \$100  
Total: \$500
- BST:  
Total: \$320.63
- Registration:  
Lanyards (100): \$50.00  
Sleeves for lanyards (100): \$25.00  
Paper (4K Sheets): \$40.00  
Ink for printer: \$90.00  
Pens/markers: \$20.00  
White sheets for newcomer: \$10.00  
Journals (100): \$60.00  
Bags (100): \$30.00  
Stickers (200+): \$15.00  
Total: \$350

**Total: \$6751.21**



## Disposable Supplies

		Quantity		Location
Hand Soap		4 pk.	\$ 9.98	Sams Club
Toilet Paper		12 rolls	\$ 12.98	Walmart
Dish Soap	\$ 3.98	1	\$ 3.94	Walmart
Sponges		12 pk.	\$ 12.99	Walmart
Clorox Spray		2	\$ 7.96	Walmart
Garbage Bags		30 ct.	\$ 12.98	Walmart
Paper Towels		6 ct.	\$ 16.94	Walmart
Rags		12 (12x12)	\$ 16.68	Walmart
Plates	\$ 19.98	2	\$ 39.96	Sams Club
Napkins		300	\$ 12.84	Sams Club
Cutlery	\$ 14.98	2 (360 total)	\$ 29.96	Sams Club
Coffee Stirrers		1,000 ct	\$ 10.29	Walmart
Bows		200 ct.	\$ 12.56	Sams Club
Cups Plastic		12 oz. 300 ct.	\$ 10.98	Sams Club
Coffee Cups	\$ 18.68	2 (12 oz. 176 ct.)	\$ 37.36	Sams Club
Aluminum Foil	\$ 4.48	2 (75 sq. ft)	\$ 8.96	Walmart
Saran Wrap		20 sq ft.	\$ 3.85	Walmart
Aluminum Pans		36 ct.	\$ 11.48	Sams Club
Storage Totes	\$ 19.98	2 (40 gallon)	\$ 39.96	Sams Club
Hand Sanitizer		3 pk.	\$ 7.98	Sams Club

(120 each of forks, knives, spoons)

	<b>Total</b>	<b>\$ 320.63</b>	
--	--------------	------------------	--

