

Region Meeting 10.14.2023

Open at 2:00 with a moment of silence

Followed by the serenity prayer

12 traditions read by - Adam

12 concepts read by – Danny

ROLL CALL

Facilitator: Kevin – Here

Secretary: Leska - Here

Treasurer: Jessalyn - Here

Regional Delegate: James K – Absent - Report

Regional Delegate Alternate (AD) – Cody - Here

H&I Chair – OPEN

PR Chair – OPEN

Webmaster -Justin – Here

Outreach Chair – Brittni – Absent - Report

URICNA – Melissa - Here

Campvention – Brittni – Absent - Report

RCM

Sasquatch – Hamilton – Here

Sasquatch Alternate – Hyrum – Absent

Central – John – Here

Lakeside – Adam – Here

UWANA – James – Here

UWANA Alternate – Donnie - Here

High Uintah – December - Here

Northern – Danny - Here

Others in attendance: Cody W, Chelsey S, John H

Meet Quorum at 2:05

Previous Minutes – August minutes were never complied

Admin Reports:

Facilitator: Kevin – No report

Secretary: Leska – No report and there are no August minutes

Regional Treasurer: Jessalyn –

October Cycle Treasurer Report

Bank Balance is \$2563.66 with a working balance of \$733.02. I suggest working balance is donated to NAWS. PO Box was paid on 8/17/23 in the amount of \$332.00. Storage was paid on 9/2/23 in the amount \$865.03. Region will need to be reimbursed by URICNA and Campvention for

storage fee. We received one steps by mail letter this cycle. That is all to report! Thank you for letting me be of service!

Utah Region of NA - 2012		Starting	February	April	June	August	October	December	Year-T
INCOME	Northern (Ogden)			\$234.68	\$217.98	\$77.82	\$101.62	\$147.48	\$779.58
	Lakeside Unity (Davis County)		\$146.25	\$293.18	\$255.05	\$148.88	\$171.68	\$113.55	\$1,128.59
	Central (Provo)		\$113.86	\$70.30	\$65.70				\$249.86
	Tumbleweed (Price)		\$100.00						\$100.00
	UWANA (Salt Lake)		\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$600.00
	Sasquach (Park City)		\$10.00	\$10.00	\$10.00	\$10.00	\$10.00	\$10.00	\$60.00
	High Uintah (Vernal)								\$0.00
	Individual member/group			\$95.50	\$109.50		\$20.00		\$225.00
	Total Donations		\$470.11	\$803.66	\$758.23	\$336.70	\$403.30	\$371.03	\$3,143.03
	Campvention Income (July)								\$0.00
	URICNA Income (Nov)		\$1,280.33					\$5,482.21	\$6,762.54
7th tradition								\$0.00	
Total Deposit			\$1,750.44	\$803.66	\$758.23	\$336.70	\$403.30	\$5,853.24	\$9,905.57
15% of Deposit			\$262.57	\$120.55	\$113.73	\$50.51	\$60.50	\$877.99	
EXPENSES	Rent for meeting (\$20/cycle)		\$20.00	\$20.00	\$20.00	\$20.00	\$20.00	\$20.00	\$120.00
	World Donation (15% of dep)		\$262.57	\$120.55	\$113.73	\$50.51	\$60.50	\$877.99	\$1,485.84
	PO Box due August (\$124/year)					\$124.00			\$124.00
	Storage Unit (\$49/month)*			\$105.00		\$140.00		\$294.00	\$539.00
	Office supplies								\$0.00
	Website Hosting / Domain				\$69.50				\$69.50
	Rocky Forum				\$445.13				\$445.13
	World Conference				\$1,551.18				\$1,551.18
	Travel - workshops								\$0.00
	Reimbursements (gas)				\$58.93	\$58.93		\$58.88	\$176.74
	Bank Fees / Interest			\$50.00		-\$0.02	-\$0.03	-\$0.02	\$49.93
	Total Expenses		\$282.57	\$295.55	\$2,258.47	\$393.42	\$80.47	\$1,250.85	\$4,561.32
	H&I LIT	Additions (15% of dep)	\$296.96	\$262.57	\$120.55	\$113.73	\$50.51	\$60.50	\$877.99
Expenses			\$220.00	\$460.08	\$573.81	\$624.31	\$684.81	\$1,032.59	\$750.21
Balance		\$296.96	\$559.53	\$460.08	\$573.81	\$624.31	\$684.81	\$1,032.59	
Regional Working Balance	\$1,801.44	\$3,006.75	\$3,394.31	\$1,780.33	\$1,673.11	\$1,935.45	\$5,659.86		
Total Bank Balance	\$2,098.40	\$3,566.27	\$3,854.39	\$2,354.14	\$2,297.43	\$2,620.26	\$6,692.44		

Not Cleared Adjusted

*Storage Unit due 1/1/13



Prime Storage - Sandy
 8425 South State St.
 Sandy, UT 84070
 Phone: 801-255-1500

Payment Receipt

Tenant Narcotics Anonymous
 Company c/o: Brittini Krstich
 Address 402 N 2975 W
 City, State, Zip Layton, UT 84041

Date Printed August 31, 2023
 Payment Date August 31, 2023 11:18 AM
 Unit A114
 Available Credit 0.00
 Current Balance 0.00
 Paid Thru February 29, 2024
 Receipt Number 89802
 By DB

Date	Unit	Description	Charge	Discount	Tax	Total	Payment	Method
06/08/23	A114	Stored Content C 6/8-6/30	13.03	0.00	0.00	13.03	13.03	Visa
07/01/23	A114	Stored Content C 7/1-7/31	17.00	0.00	0.00	17.00	17.00	Visa
08/01/23	A114	Stored Content C 8/1-8/31	17.00	0.00	0.00	17.00	17.00	Visa
09/01/23	A114	Stored Content C 9/1-9/30	17.00	0.00	0.00	17.00	17.00	Visa
09/01/23	A114	Rent 9/1-9/30	108.00	0.00	0.00	108.00	108.00	Visa
10/01/23	A114	Stored Content 10/1-10/31	17.00	0.00	0.00	17.00	17.00	Visa
10/01/23	A114	Rent 10/1-10/31	108.00	0.00	0.00	108.00	108.00	Visa
11/01/23	A114	Stored Content 11/1-11/30	17.00	0.00	0.00	17.00	17.00	Visa
11/01/23	A114	Rent 11/1-11/30	108.00	0.00	0.00	108.00	108.00	Visa
12/01/23	A114	Stored Content 12/1-12/31	17.00	0.00	0.00	17.00	17.00	Visa
12/01/23	A114	Rent 12/1-12/31	108.00	0.00	0.00	108.00	108.00	Visa
01/01/24	A114	Stored Content C 1/1-1/31	17.00	0.00	0.00	17.00	17.00	Visa
01/01/24	A114	Rent 1/1-1/31	108.00	0.00	0.00	108.00	108.00	Visa
02/01/24	A114	Stored Content C 2/1-2/29	17.00	0.00	0.00	17.00	17.00	Visa
02/01/24	A114	Rent 2/1-2/29	108.00	0.00	0.00	108.00	108.00	Visa
03/01/24	A114	Stored Content C 3/1-3/31	17.00	0.00	0.00	17.00	17.00	Visa
04/01/24	A114	Stored Content C 4/1-4/30	17.00	0.00	0.00	17.00	17.00	Visa
05/01/24	A114	Stored Content C 5/1-5/31	17.00	0.00	0.00	17.00	17.00	Visa
06/01/24	A114	Stored Content C 6/1-6/30	17.00	0.00	0.00	17.00	17.00	Visa

Taxes 0.00
 Payment (less tax) 865.03
 Payment Subtotal 865.03
 Credits Applied 0.00
 Refunds Applied 0.00
 Total Applied to Account 865.03

Current Account Balance 0.00
 Paid By Visa *****9700
 Paid Thru Date February 29, 2024

Transaction Type Sale

Authorization 031498
 Reference 2125376667

I agree to pay the above amount according to the card issuer statement.

x _____

Pay online at www.primestoragegroup.com

You can also update your contact information there.

Merchandise Refund Policy - Returns must be made within 3 days of purchase; unopened and/or in resalable condition. Refund checks will be sent directly to the customer from our Corporate office in 2-4 weeks.

Utah Regional Delegate: James K –

RD Report - October 2023

- Please visit: NA.ORG for all information relating to Narcotics Anonymous including:
 - Information for the Public
 - Online Periodicals
 - Events
 - Information for Our Members
 - To Purchase NA Literature

- To make a Donation to Narcotics Anonymous World Service
- 2023-2026 Issue Discussion Topics are starting to be available online. These IDTs can be used at Regional, Area, or Group Presentations. If you would like the Delegate Team to host a presentation on any of these topics, please reach out to Cody P or myself to discuss our availability.
 - Gender-Neutral and Inclusive Language in NA Literature
 - All documents available now
 - Dealing with Disruptive and Predatory Behavior
 - All documents available now
 - Reimagining and Revitalizing Service Committees
 - Documents coming soon.
 - DRT/MAT as It Relates to NA
 - Documents coming soon.
- NAWS is looking for input from Members, Groups, and Committees on the following topics.
 - [H&I Basics Survey](#): Deadline is March 31, 2024 Open to all members.
 - Issue Discussion Topic Input Forms – After these IDTs are presented, NAWS is asking for input from those to attend and participate in these workshops.
 - [Gender-Neutral and Inclusive Language in NA Literature](#)
 - [Dealing with Disruptive and Predatory Behavior](#)
 - [2023-2024 Environmental Scan Survey](#) is to be filled out by the Delegate Team by November 15, 2023.
 - This survey includes identifying how much External and Internal factors will affect our ability to achieve our Vision of Creating our Future.
- The World Convention of NA will be returning to Washington, DC, 29 August – 1 September 2024. Please plan to attend as it will be an amazing time for all. Many airlines are now available to book for this event. If you or someone you know is interested in being considered as a workshop or main speaker at WCNA 38, please provide the information at NA.ORG/WCNA, and a speaker recording, if available, before 31 March 2024. Clean time requirements are five years for workshop speakers and ten years for main speakers.

In loving service,

James K

Utah Regional Alternate Delegate Report: Cody – What James said.

Regional Webmaster Report: Justin –

CHANGES/UPDATES

- August RSC minutes were **NOT** uploaded to the **Archive** page (I don't think I received them)
 - <https://nautah.org/archive/>
- Updated **main** page to reflect upcoming meetings
- Updated **Events** page a few times to reflect upcoming fundraisers/events/announcements for Region conventions as well as the URICNA Registration flyer. Added on the bottom Danny B's new Event Calendar, Flyers for upcoming events (dynamic), Event subscription sign-up, and button for event submissions. Still also linking directly to each Area's Events page as well.
 - <https://nautah.org/events/>
- **Meetings** page - updated the map of where areas are (added Evanston to Lakeside's, moved UWANA's up to include Bountiful/Centerville, moved Central's East to include East Carbon, made a few smaller adjustments because some of the county lines were weird as well).
 - <https://nautah.org/meetings/>
- Updated **Central Area's** page to include the most recent meeting schedule I have received from them (June update)
 - <https://nautah.org/central/>

RENEWALS:

***Summary:** Region owes me **reimbursement for \$23.17** for the Region domain renewal. URICNA *may* still owe me their reimbursement, I may have gotten it confused with receiving Campvention's reimbursement when checking on the previous email thread on all of this. However, if URICNA does have a record of it already, then I am not really worried about it.

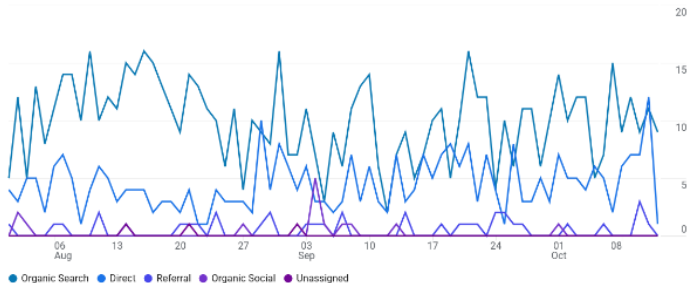
- Domain, Campvention.com: 3/3/2023 (Now 3/3/2024)
 - Paid \$20.17 -- reimbursed 6/14 via venmo (campvention 38 account)
- Domain, URICNA.com: 5/24/2023 (Now 5/24/2024)
 - Paid \$22.17 -- reimbursed? (note in email from June 13th and 14th that I had been reimbursed but that may have just been Campvention doing theirs that same day?) If URICNA has a record of it then it's all good, I don't care to dig any further on it.)
- Hosting: 6/15/2023 (Now 6/15/2024)
 - Paid \$167.88 -- reimbursed 6/15 via venmo from Jess
- Domain, UWANA.org: 8/20/2023
 - Paid \$23.17 on 8/21 - Need reimbursement (from UWANA area)
- Domain, NAUtah.org: 8/20/2023
 - Paid \$23.17 on 8/21 - Need reimbursement (from Region)

ANALYTICS:

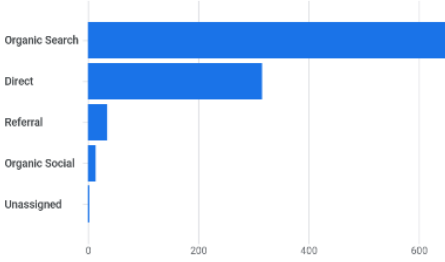
- Typical comparisons I send over are a little difficult currently as I moved us to the new GA4 version of Google Analytics in June (the old version was decommissioned in July). Below are some interesting Analytics from August 1st through Friday, October 13th. Traffic seems fairly

consistent, with most coming to the site through searches followed by Direct views, and then Referrals from other websites. Apparently I need to fix something as Time per session isn't reporting anything, so we'll see what I can do about that.

Users by Session default channel group over time



Users by Session default channel group

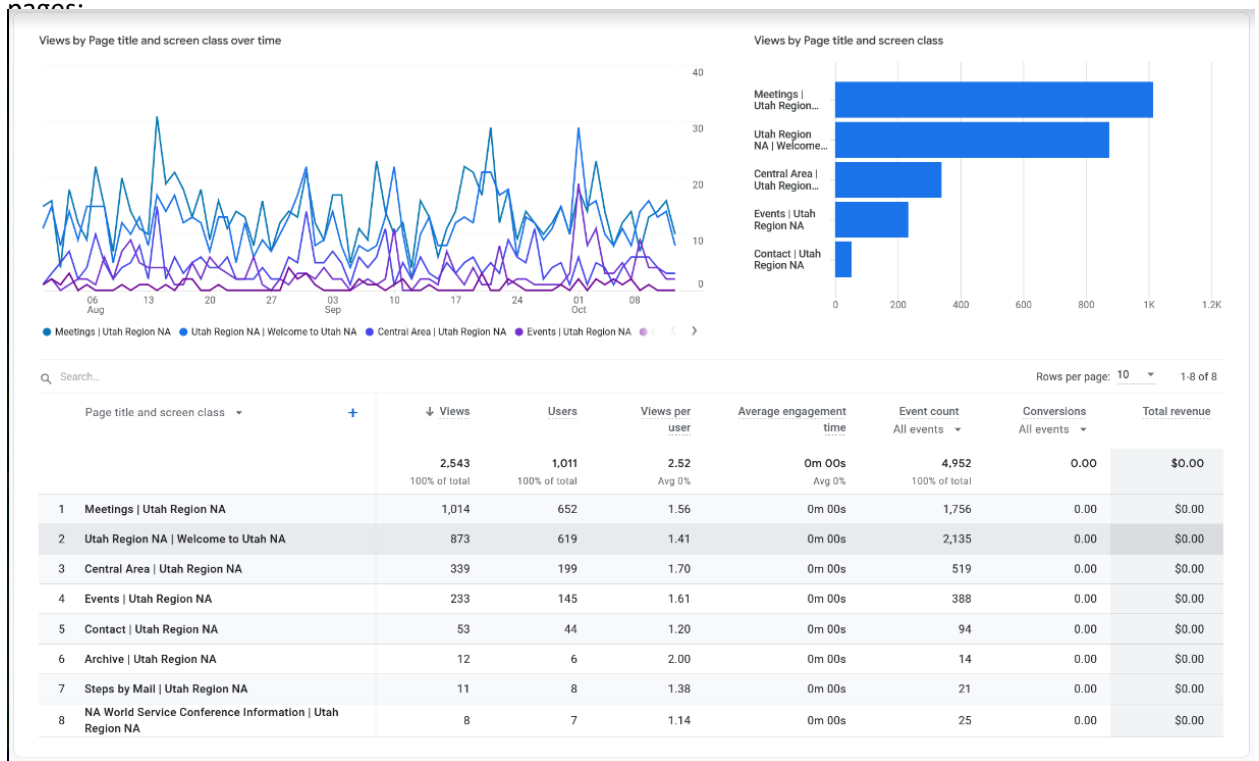


Search...

Rows per page: 10 1-5 of 5

Session default channel group	Users	Sessions	Engaged sessions	Average engagement time per session	Engaged sessions per user	Events per session	Engagement rate	Event count
	1,011 100% of total	1,396 100% of total	683 100% of total	0m 00s Avg 0%	0.68 Avg 0%	3.55 Avg 0%	48.93% Avg 0%	4,952 100% of total
1 Organic Search	654	930	477	0m 00s	0.73	3.57	51.29%	3,318
2 Direct	316	407	176	0m 00s	0.56	3.50	43.24%	1,425
3 Referral	35	44	27	0m 00s	0.77	3.64	61.36%	160
4 Organic Social	14	14	2	0m 00s	0.14	3.14	14.29%	44
5 Unassigned	3	3	0	0m 00s	0.00	1.67	0%	5

- Most popular pages (in order) are by far the Meetings , Main, Central's Area, and the Events



- Cities and States that are most interested in any of the pages on the site:

City ▾	+	↓ Users	New users	Engaged sessions
		1,011 100% of total	983 100% of total	683 100% of total
1	Salt Lake City	185	165	136
2	(not set)	83	76	27
3	Englewood	61	56	35
4	Denver	40	32	33
5	Ogden	26	22	18
6	Orem	25	20	24
7	Phoenix	24	21	14
8	Provo	22	21	16
9	Layton	19	17	14
10	Logan	16	14	10

Region ▾	+	↓ Users	New users	Engaged sessions
		1,011 100% of total	983 100% of total	683 100% of total
1	Utah	469	435	373
2	Colorado	145	126	95
3	Arizona	83	73	46
4	California	62	60	44
5	Montana	45	38	27
6	(not set)	34	34	1
7	New Mexico	27	20	13
8	Idaho	26	17	12
9	Wyoming	22	17	8
10	Texas	20	18	12

Thanks,

Justin B

Region Web

Outreach Chair: Brittni – I spoke to Nate in Price, and he said that he would love to see some addicts come to the meeting Sunday evening at 6:00pm I believe that supporting the motion for the women's retreat would certainly bring unity to our region and perhaps spark new excitement for service. I am sorry I am not going to make it today. I will be available for questions later in the week.

Hospitals and Institutions Chair: OPEN

Public Relations Chair: OPEN

URICNA: Melissa –

RCMs please take back to areas:

Coordinate with areas on pre packaged items for the hospitality room at the event.

We have proposed to come to Friday night with your homegroups in matching pj's!

Donate basic texts to sign for the NCs please bring to convention.

Hotel cost of \$109 has been extended to the 16th. Please get the word out to get the rooms booked before then and pre registration will close on Monday 10/30 so spread the word!!

Raffle/auction items drop off with

Mandy P. Lakeside

Kallie K. UWANA

Millie K. Central

Otherwise bring to the event "TIA"

Marathon meeting sign ups will be at the reg table 12am-7am Friday and Saturday night.

We will have an activity area where there will be corn hole plus a mingling area as well as Bingo more to come on that

We will have a sound bath Saturday morning and Yoga Sunday morning. This is something new and we are excited about it.

We still do not have a bank card and would like to propose making a plan to resolve this.

We will have silk screening for new merch available.

HOSPITALITY ROOM FOR URICNA:

FRIDAY NIGHT – 6pm: Northern

SATURDAY MORNING – 7am: Lakeside

SATURDAY MIDDAY – 11am: Sasquatch

SATURDAY NIGHT – 6pm: UWANA

SUNDAY MORNING - 7am: Central

Campvention: Brittini - Campvention is going well, we are making plans to hold Campvention 41 at Weber Memorial July 12-14. It looks like after we replenish supplies, we will have about 10,000 in the account, although our guidelines indicate that we have a prudent of 8,000 we will likely donate anything over 6,000 making our donation about 4,000. I do not have hard numbers at this time we are not finished with supplies or reconciliation. We should have a final report soon. We will be having a Gratitude Gala fundraiser November 18th at the Clearfield Community Church. Flier attached. Our Meeting schedule is attached, our next meeting will be October 22nd at 4:00pm at Weber Memorial Park, we will be having Dutch oven and a walk through. We have a few open positions: Vice Program, Vice Fundraising, Vice Convention information. Our logo contest is open and will be closing January 1st . Flier attached.



CAMPVENTION 2024

THEME &
LOGO
CONTEST

Submit Logos to
CAMPVENTION41@GMAIL.COM
DUE JAN 1, 2024

SUBMIT YOUR
IDEAS FOR A
CHANCE TO WIN

The poster features a hand-drawn illustration of a hand holding a pencil, drawing a logo on a piece of paper. The logo includes a compass rose and the text 'BEFORE YOU ASK WHICH WAY TO GO, REMEMBER THE WAY TO BEER'. The background is a dark grey gradient with a grid of white dots.



Gratitude GALA

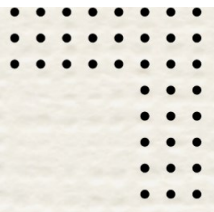
CAMPVENTION 41
INVITES YOU

SATURDAY, NOVEMBER 18th AT 8 PM

DINNER . SPEAKER . FELLOWSHIP

CLEARFIELD COMMUNITY CHURCH
525 E 200 S, CLEARFIELD, UT 84015

\$10 SUGGESTED DONATION, NO ONE TURNED AWAY

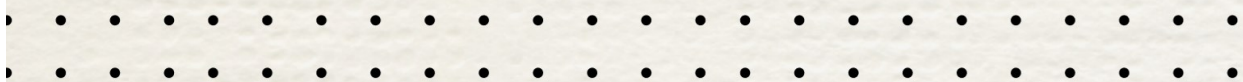


CAMPVENTION

Meeting Schedule

Sep.	24	Zoom: 538 782 1823 Password: 1953
OCT.	22	In-Person - Dutch Oven 6:00p Weber Memorial Campground
Nov.	26	Zoom: 538 782 1823 Password: 1953
Jan.	28	In-Person - Breakfast Location TBD-Central Area
Feb.	25	Zoom: 538 782 1823 Password: 1953
Mar.	26	In-Person - Traditional BBQ Location TBD-LUANA Area
Apr.	28	Zoom: 538 782 1823 Password: 1953
May	26	In-Person - Hawaiian BBQ Location TBD-UWANA Area
June	23	Zoom: 538 782 1823 Password: 1953
July	07	In-Person - Dutch Oven Location TBD

CAMPVENTION JULY 12-14 2024



RCM Reports

Central: John – We have our Gratitude Dinner in Spanish Fork on Nov. 18th, flyer attached.

High Uintah: December –

No change in high Uintah

Minimal participation

Members keeping multiple positions going

All is well

Lakeside: Adam – Happy Halloween oct sat 5 to ten at Clearfield community Church 525 East 200 South Clearfield Utah

Literature ordered 225.50 sold to 16.56 inventory 2459.28

Treasure report 48.82 to Nas 97.64 to region 738.72 as a deposit \$811.56 is our balance

Northern: Danny – Women’s retreat is in the works

Sasquatch: Hamilton – Kenzie and JoeDe are going into the prison. Kenzie isn’t going to be able to keep going in because she’s got a baby on the way, so hoping someone else can bring H&I in for women. The Sasquatch area is financially sound and continues contributions to the Region of \$50/cycle. Meetings are held every day and have anywhere between 4-6 people during the week, and 5-15 on the weekends. Nominations for Area service are on December 3rd at 6pm. Hoping to have a holiday party on December 9th at the best western in Heber.

UWANA: - James H/Donnie – **UWANA Area Report to Utah Region**

October 14, 2023

James H., RCM UWANA

H&I: H&I going well, 16 facilities being supported including Men’s and Women’s prisons, jails, and the Prison release fair. Continuing to look for new members to be of support.

PR: A few regular members, website and meeting lists are remaining updated, phone line remains active. Have 4 literature racks which are being stocked. Participated in USARA Recovery days on September 9th, and a recovery fair in Tooele on Sept. 23rd.

Activities:

- Hosted an event at Cowabunga Bay in August
- Hosting a hike tomorrow, 10/15/23, see uwana.org for details.
- Have joint NA-lloween Party with Lakeside and Northern on October 28th, in Clearfield.

Outreach: Outreach is visiting 1-2 meetings each month and continuing to support struggling meetings, and supporting new GSRs, including training new GSRs and providing new GSR binders. Helping new meetings out.

NYE/UWACNA:

Hosted: UWACNA VIII: Harmony in the Hills United Wasatch Area Campout, Friday, August 11th - Sunday, August 13th at Pine Valley North campground. Brought in \$3,382.66.
Hosting a New Years event, with more details to come.

Literature Report: Continuing to fill orders, fully stocked.

Treasurer: Have not received a treasurer's report this year. Working to reconcile. Meeting all expenses, made all earmarks in August and September. Working to reconcile reporting. Will have a check for Jess.

General :

- Area meets in person monthly (subcommittees and ASC) at SL County building.
- Some groups have support needs for attendance and home group meetings
- Working on forming a non-profit, changing banks, and revising our UWACNA guidelines in ad hoc groups.
- All subcommittees seeking support.
- A couple of new meetings have opened, we now have 30 weekly meetings, including:
3 meetings are meeting weekly online, 27 meetings are meeting in person weekly

Open Forum:

Events Calendar – Danny – trying to make it easier for all areas to put their events on this shared calendar and email subscription so that we are able to coordinate and try not to overlap events. There will be a password for each area and that can be given out as needed. You will fill out a form and it will automatically add to the calendar. Events update overnight. Flyers are immediately updated but calendar may take the overnight update. Flyers get updated automatically and removed after 60 days.

Old Business: NONE

Elections: Open Positions: PR and H&I – No Nominations – Leaving both open

FOR NEXT YEAR – IF YOU WANT TO BE AN RD(7YR)/RDA(5YR) YOU NEED A SERVICE RESUME FOR DECEMBER MEETING – WE WILL ONLY BE ELECTING FOR H&I AND PR, RD AND RDA

New Business:

Campvention Affirmations: Kevin will make sure we get the folks that need to be affirmed next cycle.

Working Balance to NAWS – Recommend sending working balance of \$733.02 to World – discussion around giving it to Women’s retreat or setting it aside incase Campvention’s money isn’t in order by December. VOTE – 1:3:1 – does not pass

Motion: John – donate 133.02 to NAWS – Adam 2nd – 5:0:0 - PASSED

Women’s Retreat – Chelsey S – Women’s retreat – coming to Region to see if we could get Regional support for this new event. Asking for \$4000. Meeting Monday at 7 at Alpine Church in Layton. Looking loosely at the old Northern Utah Women’s Retreat Guidelines, and Campventions. No firm timeframe yet but hope to have the event in the Summer. We would revise guidelines after we move forward with the event.

MOTION: TO PROVIDED \$600 for seed money for the Utah Women’s retreat to book at Campsite for their event next month – Adam (Lakeside), December (High Uintah) – this will go back to the homegroups for voting next cycle. AMENDED: This approval would also make the Utah Womens Retreat an adhoc committee of Region.

Next Meeting: December 9th, in Lakeside (will confirm exact address)

GSR Assembly
February 25th @ 12
1255 Park Ave,
Park City, UT 84060

Central Area
April 8th @ 2:00
550 N, University Ave
Provo, UT 84601

Virtual Meeting
June 10th @ 2:00
Meeting ID: 117 447 546

High Uintah Area
August 12th @ 2:00
204 East 100 North
Vernal, UT 84078

Sasquatch Area
October 14th @ 2:00
875 S 600 W
Heber, UT 84032

Lakeside Area
December 9th @ 2:00
215 N Fairfield Rd
Kaysville, UT 84037

Meeting Closed: 3:46 pm – Adam, Danny 2nd