

C.U.A.N.A

Central Utah Area Of Narcotics Anonymous

NAUTAH.ORG/CENTRAL

Scan for most up-to-date meeting schedule



Central Utah Area Service Meeting

3rd Sunday of the month

4:00 PM

1053 W 1020 S, Provo, UT

*South side of ARDU building

Chair Brad 385-368-4074

Subcommittee Meetings 2024

Hospitals & Institutions (H&I)

3rd Sunday of the month

3:00 PM

1053 W 1020 S, Provo, UT

*South side of ARDU building

Justin B 801-427-8535

S.C.O.R.E

Summer Celebration of Recovery

Amber W. 385-230-4706

Gratitude Dinner

Sarah Z 385-230-0210

LITERATURE

MIKE A. 971-701-7978

ACTIVITIES

MELISSA C. 435-315-6627

WELCOME HOME

THE THERAPEUTIC VALUE OF ONE ADDICT HELPING

ANOTHER IS WITHOUT PARALLEL.

HERE ARE SOME PHONE NUMBERS.

USE THEM

Horizontal lines for writing phone numbers



What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean

Monday

8:00 pm Message of Hope (O,WC)

St. Mary's Episcopal Church
50 W 200 N , Provo
Cody 801-319-0115

Tuesday

7:00 pm Amp'D in Recovery

iMpact Utah Building
380 S 670 W #200, Lindon
Mike 971-701-7978

8:00 pm We Care (C)(WC)

Presbyterian Church
245 S 200 E, Springville
Ben 801-3199919

7:00 pm Unloaded in Sanpete

390 W 100 N, Ephraim
John D. 916-200-5591

6:30 pm Back to Basics

125 E Whitmore ST, East Carbon
Bill T. 435-888-5013

Wednesday

7:00 pm We do Recover

The Armory
32 W Center St, Fillmore
Kori 435-888-5013

Thursday

7:00 pm NaNa Sisterhood (O,WC)

Presbyterian Church
245 S 200 E, Springville
Millie 801-719-4397

7:00 pm It Works How and Why

1208 E 150 S Santaquin
Justin B 801-427-8535

Friday

7:00 pm No Name (O,WC)

St. Mary's Episcopal Church
50 N 200 N, Provo
Rebecca 801-623-3821

7:00 pm Unloaded in Sanpete

390 W 100 N Ephraim
John D. 916-200-5591

6:30 pm Back to Basics

125 E Whitmore ST, East Carbon
Bill T. 435-888-5013

Sunday

10:00 am Sunday Spiritual Meeting

Alano Club 875 W 1850 N, Provo
Eddie 801-900-1690 (leave a message)

Key:

(O) – OPEN MEETING

(C) – CLOSED MEETING – ADDICTS ONLY

*Or for those who think they might have a
problem with addiction

(WC) – Wheelchair Accessible

HOW IT WORKS

If you want what we have to offer and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.