

## Region Meeting 8.10.2024

Open at 2:00 with a moment of silence  
Followed by the serenity prayer  
12 traditions read by – Leska  
12 concepts read by – Cody W

### ROLL CALL

Facilitator: Kevin – Present  
Secretary: Leska – Present  
Treasurer: Jessalyn - Present  
Regional Delegate – Cody P - Present  
Regional Delegate Alternate (AD) – Brittini - Absent  
H&I Chair – OPEN  
PR Chair – OPEN  
Webmaster - Justin – Present  
Outreach Chair – Brittini - Absent  
URICNA – Justin B - Absent  
Campvention – Brittini - Absent  
Women’s Retreat – Mandee – Present  
Guidelines Adhoc – James K - Absent

### RCM

Sasquatch – Hamilton - Absent  
Sasquatch Alternate – Hyrum - Absent  
Central – Eric S - Here  
Lakeside – Cody W – Here  
UWANA – Donnie – Absent  
UWANA Alternate – Trevor - Present  
High Uintah – ? - Absent  
Northern – Danny - Absent

Others in attendance: Joe W

Meet Quorum – Not at 2:08, Met at 2:20

Previous Minutes - June Minutes – Motion to approve – Cody W, Trevor – Approved 4:0:0

### Admin Reports:

**Facilitator:** Kevin – Nothing to report

**Secretary:** Leska – June minutes will serve as report

**Regional Treasurer:** Jessalyn – Bank balance is \$5474.13 with a working balance of \$1478.78. PO Box is set to renew on 8/31/24 in the amount of \$342.00. That is all for now. Thank you for letting me be of service.

**Utah Regional Delegate:** Cody P - No report as of 9/2

**Utah Regional Alternate Delegate Report:** Brittini – No report as of 9/2

**Regional Webmaster Report:** Justin –

### **CHANGES/UPDATES**

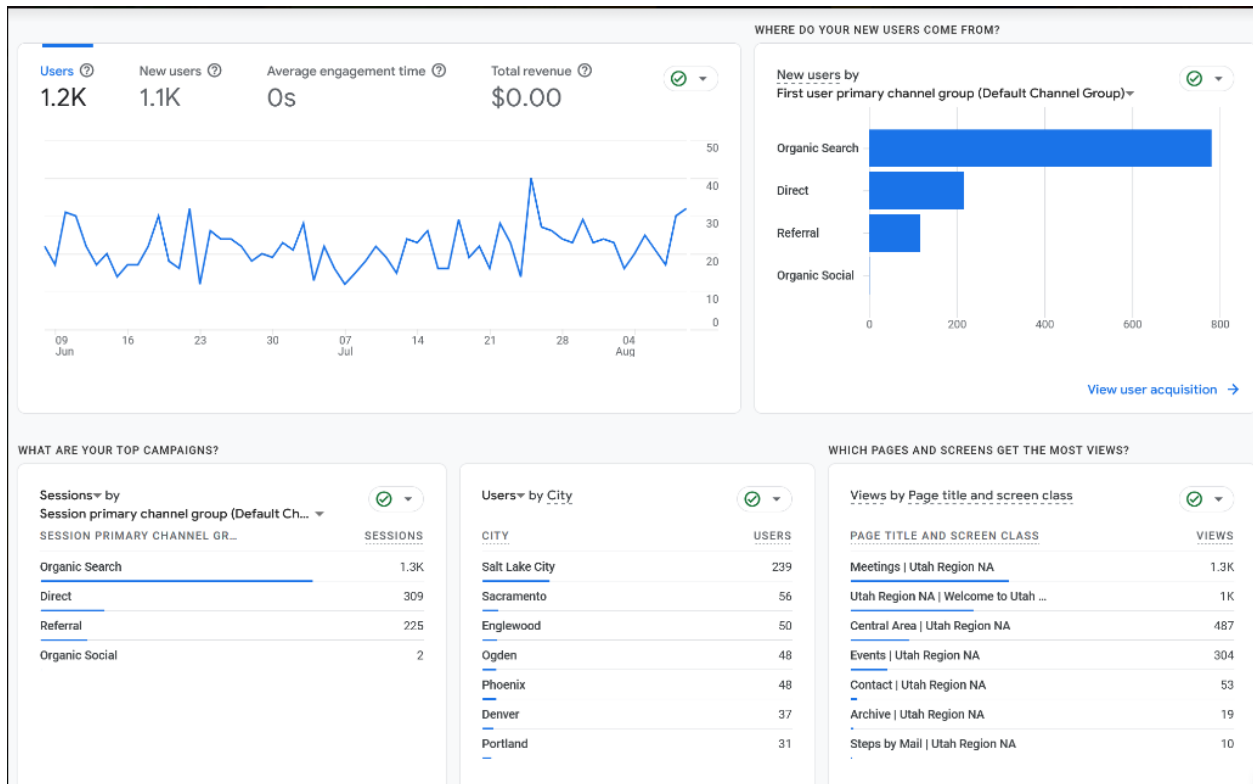
- June RSC minutes were uploaded to the **Archive** page
  - <https://nautah.org/archive/>
- Updated **main** page to reflect this meeting
- **Events** page up to date with latest info for 3 events.
  - <https://nautah.org/events/>
  - Removed 2024 event info for NAUWR - moved below other upcoming events. Updated Campvention info to include Merch sales and most recent flyers. Haven't received anything for URICNA as of this meeting.
- **Meetings** page - no changes.
  - <https://nautah.org/meetings/>
- **Central Area's** page - no changes.
  - <https://nautah.org/central/>

### **Renewals:**

**\*Summary:** Campvention and URICNA domains have been renewed, need reimbursement from each committee. Region's hosting was renewed in June - need reimbursement from Region for that as well. Region's domain renewal will be toward the end of this month - I will forward the receipt once that is done.

- Domain, Campvention.com: 3/3/2024
  - **Paid \$22.17 on 3/4/2024 -- Need reimbursement from Campvention**
- Domain, URICNA.com: 5/24/2024
  - **Paid \$22.17 5/25/24 - need reimbursement from URICNA**
- Hosting: **6/15/2024**
  - **Paid \$167.88 on 6/15/24 -- need reimbursement from Region**
- Domain, UWANA.org: renews 8/20
  - Paid \$23.17 on 8/21/23
- Domain, NAUtah.org: **renews 8/20**
  - Paid \$23.17 on 8/21/23 - reimbursed 10/14/2023 via venmo from Jess
  - **This will be renewed later this month**

### **Analytics:**



Thanks,  
Justin B

**Outreach Chair:** Brittnei – No report as of 9/2

**Hospitals and Institutions Chair:** OPEN

**Public Relations Chair:** OPEN

**URICNA:** Justin Butts - No report as of 9/2

**Campvention:** Brittnei – No report as of 9/2

**AD-HOC Committee- Women’s Retreat:** Mande -

The Women’s Retreat was a successful event in so many ways! We celebrated recovery together, listened to speakers, ate food and spent time in nature. We had 76 total registrations for the weekend. We actually ran out of space for women to park on Friday night because of the amazing turnout! The support that the women showed for one another was incredible! The event was able to come out on top after expenditures and with the collection of registration fees, merchandise sales, 7<sup>th</sup> tradition, and raffle tickets sales, the total contribution of this event was \$2,296.45. The current bank balance is \$3,814.94 in checking and \$600.14 in savings with a total of \$4, 415.08. The committee voted on increasing our prudent reserve to \$3000, which left us with \$1415.08. We needed to purchase some storage bins after collections leaving us with \$1365 to donate. Guidelines suggest that the remaining

goes straight to Region, but we would also like to see that a percentage goes directly to World services. We have an audit scheduled for Sunday August 18<sup>th</sup> with me, Jess R, Collyn B, and Kevin. Once the audit is complete, we will move forward with the transfer of additional funds collected. Thank you for allowing me to be of service.

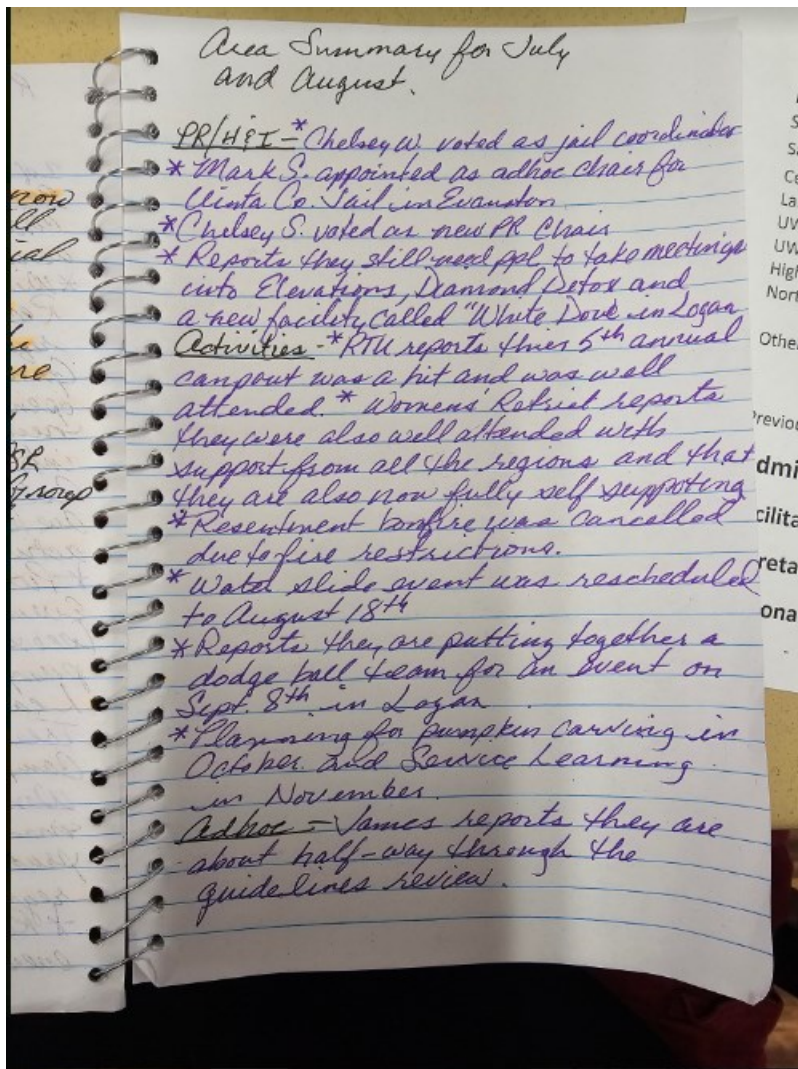
**AD-HOC Committee – Guidelines Review:** James K – per Cody W reports they are about half way through the updating and are still in review.

### RCM Reports

**Central: Eric** – Has a check for 55.50 will be mailed to the PO Box, will let URICNA know about reimbursement needed to Justin and will email any meeting changes to Justin as well.

**High Uintah:** Not Present

**Lakeside:** Cody W –



**Northern:** Danny – Nothing to Report- Chugging along!

**Sasquatch:** Hamilton - Absent

**UWANA:** Trevor –

Uwana Report: Trevor Alt RCM attending  
33 meetings on our schedule,

UWACNA is in two weeks at Lodgepole outside of Heber August 23-25, today is the last day for MERCH preorders!

NYE event has a fundraiser on Monday August 19th – Pool party and pot luck – flyer on UWANA website – the subcommittee still has an open chair for program, hotel and hospitality, and **fundraising**

New H&I meeting at City Creek Post Acute Utah, our H&I body always needs more members willing to be of service

PR is working out details for a booth at USARA Recovery Days Sat September 14th

Activities is supporting all Summer events rather than planning their own

Grateful to be of service

Trevor C

**Open Forum:** Nothing

**Old Business:** Nothing

**New Business:**

**Motion from Women's Retreat - Motion for the Utah NA Women's Retreat committee to become a subcommittee of the Utah Regional Service Committee. Motioned by Mande, 2<sup>nd</sup> by Eric S – will go back to the homegroups to determine since it will be a change to the guidelines.**

This would create a diverse opportunity to spread the message of recovery to women by offering a safe space to celebrate, grow and fellowship within the NA community. It is apparent that there is a need for this type of event in our area and we would like regions support in making this dream a reality. Region's service committee can offer the UNAWR committee with educational support and create connections to other areas in the region that a group or area structure might not. Region can also offer transparency throughout the groups and areas of the gender specific event as the RCM can report back to the areas and the areas report back to the groups. Rather than viewing special interest groups within NA as causing a disruption, we like to simply view it as additional support towards an individual's recovery.

**Bulletin #18**

Special Interest meetings have existed in Narcotics Anonymous for some time. There does not appear to be anything in the Twelve Traditions which cautions groups against holding special interest meetings, provided that the group has no requirement for membership other than the desire to stop using. Special interest meetings tend to survive and flourish in local NA communities where there is a need and desire for such meetings and do not exist in NA communities where there is no need nor desire.

In Narcotics Anonymous, the World Service Conference does not have the authority to dictate policy to groups, and regional and area service committees do not have policy-making authority over the decisions of their groups. The only authority present in the groups is a loving God expressed in a group's conscience

Some discussion regarding a male coming – the group voted to have it based for women or those that identify as a women, however, we won't make them leave or push them out. Trevor asked what the vibe was and if anyone had stayed. The committee listened to his concerns and feedback. There was no feedback from anyone at the committee that there was any discomfort from any of the women. The committee will be working on the guidelines and will specifically state in the guidelines how these things will be addressed.


Next Meeting: October 12<sup>th</sup> at 2:00pm at All Saints and on Zoom

Meeting Closed 2:41pm – Danny, 2<sup>nd</sup> Cody W

URNA - 2024		Starting	February	April	June	August	October	December	Y.T.D
INCOME	Northern		\$240.07	\$184.49	\$413.11	\$40.00			\$877.67
	Lakeside Unity		\$333.02	\$124.60	\$344.13	\$126.90			\$928.65
	Central								\$0.00
	UWANA		\$234.35	\$57.70	\$71.10				\$363.15
	Sasquach				\$150.00				\$150.00
	High Uintah								\$0.00
	member/group		\$269.77	\$63.00	\$500.00	\$30.00			\$862.77
	Campvention								\$0.00
	URICNA								\$0.00
<b>Total Deposit</b>		<b>\$1,077.21</b>	<b>\$429.79</b>	<b>\$1,478.34</b>	<b>\$196.90</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$3,182.24</b>	
BILLS	Rent for meeting				\$20.00				\$20.00
	PO Box due August								\$0.00
	Storage Unit			\$665.00					\$665.00
	Other fees (Corp/IRS)								\$0.00
	Website June/Aug								\$0.00
CONTRIBUTIONS	Cycle Starting Balance		\$1,077.21	-\$235.21	\$1,458.34	\$196.90	\$0.00	\$0.00	
	H&I Literature (15%)		\$161.59	\$0.00	\$218.76	\$29.54	\$0.00	\$0.00	\$409.89
	PI (15%)		\$161.59	\$0.00	\$218.76	\$29.54	\$0.00	\$0.00	\$409.89
	NAWS Donation (15%)		\$161.59	\$0.00	\$218.76	\$29.54	\$0.00	\$0.00	\$409.89
	Cycle End Balance		\$592.44	-\$235.21	\$802.06	\$108.28	\$0.00	\$0.00	\$1,267.57
	<b>Working Balance Start</b>		<b>\$4,363.64</b>	<b>\$4,129.74</b>	<b>\$4,332.96</b>	<b>\$1,477.89</b>	<b>\$1,478.78</b>	<b>\$1,478.78</b>	
	Motions (Working)			\$600.00	\$2,964.21				\$3,564.21
	RMZF								\$0.00
	World Conference								\$0.00
	Travel - workshops								\$0.00
	Reimbursements								\$0.00
	Bank Fees / Interest		-\$1.31	-\$1.16	-\$0.86	-\$0.89			-\$4.22
	<b>Working Balance End</b>	<b>\$3,771.20</b>	<b>\$4,364.95</b>	<b>\$3,530.90</b>	<b>\$1,369.61</b>	<b>\$1,478.78</b>	<b>\$1,478.78</b>	<b>\$1,478.78</b>	
PRUD	Income								\$0.00
	Expenses								\$0.00
	<b>Balance (savings)</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	<b>\$501.96</b>	
H&I LIT	Additions (15% of dep)		\$161.59	\$0.00	\$218.76	\$29.54	\$0.00	\$0.00	\$409.89
	Expenses								\$0.00
	<b>Balance</b>	<b>\$1,623.25</b>	<b>\$1,784.84</b>	<b>\$1,784.84</b>	<b>\$2,003.60</b>	<b>\$2,033.14</b>	<b>\$2,033.14</b>	<b>\$2,033.14</b>	
PI	Additions (15% of dep)		\$161.59	\$0.00	\$218.76	\$29.54	\$0.00	\$0.00	\$409.89
	Expenses								\$0.00
	<b>Balance</b>	<b>\$1,522.78</b>	<b>\$1,684.37</b>	<b>\$1,684.37</b>	<b>\$1,903.13</b>	<b>\$1,932.67</b>	<b>\$1,932.67</b>	<b>\$1,932.67</b>	
<b>Total Checking Balance</b>		<b>\$6,917.23</b>	<b>\$7,834.16</b>	<b>\$7,000.11</b>	<b>\$5,276.34</b>	<b>\$5,444.59</b>	<b>\$5,444.59</b>	<b>\$5,444.59</b>	
		VERIFIED	PENDING	ON HOLD	Income	Expenses	Difference	Bank Balance	
PENDING and ON HOLD Items as of:								<b>\$5,444.59</b>	

50009318 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: June 30, 2024

Account Number: 

Page Number 1 of 2

**fyi** — for your information

America First Credit Union's fee to amend the terms of Consumer Loans, Lines of Credit, and Visa® Credit Cards will be updated to reflect the following:  
Effective July 1, 2024, the fee will increase to \$95.

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2024 Dividends	Ending Balance	Total Amount Due	Next Payment	2024 Interest
Share Savings	502.29	0.14				
Checking	5,316.77	3.76				
<b>Total:</b>	<b>5,819.06</b>	<b>3.90</b>				

**Share Savings**

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.27
06/30	07/01	DIVIDEND EARNED FOR PERIOD OF 06/01/2024 THROUGH 06/30/2024		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.29
		ENDING BALANCE		502.29

**Checking**

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			4,571.73
06/03	06/02	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		136.98	4,708.71
06/03	06/02	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		65.29	4,774.00
06/04		MOBILE DEPOSIT		100.00	4,874.00
06/04		MOBILE DEPOSIT		500.00	5,374.00
06/04		MOBILE DEPOSIT		50.00	5,424.00
06/04		MOBILE DEPOSIT		24.00	5,448.00
06/04		MOBILE DEPOSIT		21.90	5,469.90
06/04		MOBILE DEPOSIT		25.20	5,495.10
06/10	06/09	VISA - 06/08 NA WORLD SERVICES HTTPSDONORBOX CA 008165		218.76-	5,276.34



## Checking, Continued

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
06/13		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX032-1.9 NORTHERN UTAH AREA		40.00	5,316.34
06/30	07/01	DIVIDEND EARNED FOR PERIOD OF 06/01/2024 THROUGH 06/30/2024 ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.43	5,316.77
		ENDING BALANCE			5,316.77

## Checking Summary

Item	Amount	Item	Amount	Item	Amount	Item	Amount
VISA	218.76						
<b>Total Checks and Visa Checking:</b>	<b>218.76</b>	<b>Total Withdrawals:</b>	<b>.00</b>	<b>Total Deposits:</b>	<b>963.80</b>		

50009318 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: June 30, 2024

Account Number: 

Page Number 1 of 2

**fyi** for your information

America First Credit Union's fee to amend the terms of Consumer Loans, Lines of Credit, and Visa® Credit Cards will be updated to reflect the following:  
Effective July 1, 2024, the fee will increase to \$95.

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2024 Dividends	Ending Balance	Total Amount Due	Next Payment	2024 Interest
Share Savings	502.29	0.14				
Checking	5,316.77	3.76				
<b>Total:</b>	<b>5,819.06</b>	<b>3.90</b>				

**Share Savings**

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.27
06/30	07/01	DIVIDEND EARNED FOR PERIOD OF 06/01/2024 THROUGH 06/30/2024		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.29
		ENDING BALANCE		502.29

**Checking**

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			4,571.73
06/03	06/02	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		136.98	4,708.71
06/03	06/02	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		65.29	4,774.00
06/04		MOBILE DEPOSIT		100.00	4,874.00
06/04		MOBILE DEPOSIT		500.00	5,374.00
06/04		MOBILE DEPOSIT		50.00	5,424.00
06/04		MOBILE DEPOSIT		24.00	5,448.00
06/04		MOBILE DEPOSIT		21.90	5,469.90
06/04		MOBILE DEPOSIT		25.20	5,495.10
06/10	06/09	VISA - 06/08 NA WORLD SERVICES HTTPSDONORBOX CA 008165		218.76-	5,276.34

## Checking, Continued

Statement Period: June 01, 2024 - June 30, 2024

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
06/13		ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX032-1.9 NORTHERN UTAH AREA		40.00	5,316.34
06/30	07/01	DIVIDEND EARNED FOR PERIOD OF 06/01/2024 THROUGH 06/30/2024 ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.43	5,316.77
		ENDING BALANCE			5,316.77

## Checking Summary

Item	Amount	Item	Amount	Item	Amount	Item	Amount
VISA	218.76						
<b>Total Checks and Visa Checking:</b>	<b>218.76</b>	<b>Total Withdrawals:</b>	<b>.00</b>	<b>Total Deposits:</b>	<b>963.80</b>		

50009093 0000  
#BWNCHFQ  
#079UTAHX00777800#  
UTAH REGIONAL SERVICE  
COMMITTEE OF NARCOTICS ANONYMOUS  
PO BOX 1409  
SALT LAKE CITY UT 84110

Statement Date: July 31, 2024

Account Number: ~~XXXXXXXXXX~~

Page Number 1 of 1



**for your information**

Enjoy 90 days with no payments on new low-rate auto loans from America First! That's three months of financial vacation, so you can focus on making unforgettable memories. Apply today. Eligibility, creditworthiness & conditions apply.

A Summary of Your Accounts			A Summary of Your Loans			
	Ending Balance	2024 Dividends	Ending Balance	Total Amount Due	Next Payment	2024 Interest
Share Savings	502.31	0.16				
Checking	5,444.13	4.22				
<b>Total:</b>	<b>5,946.44</b>	<b>4.38</b>				

**Share Savings**

Statement Period: July 01, 2024 - July 31, 2024

Post Date	Effective Date	Transaction Description	Transaction Amount	Account Balance
		BEGINNING BALANCE		502.29
07/31	08/01	DIVIDEND EARNED FOR PERIOD OF 07/01/2024 THROUGH 07/31/2024		
		ANNUAL PERCENTAGE YIELD EARNED IS 0.05%	.02	502.31
		ENDING BALANCE		502.31

**Checking**

Statement Period: July 01, 2024 - July 31, 2024

Post Date	Effective Date	Transaction Description	Check Number	Transaction Amount	Account Balance
		BEGINNING BALANCE			5,316.77
07/08	07/07	ONLINE BANKING FUNDS TRANSFER FROM SHARE ACCOUNT: XXXXXX845-8.9 LAKESIDE UNITY AREA OF		126.90	5,443.67
07/31	08/01	DIVIDEND EARNED FOR PERIOD OF 07/01/2024 THROUGH 07/31/2024			
		ANNUAL PERCENTAGE YIELD EARNED IS 0.10%		.46	5,444.13
		ENDING BALANCE			5,444.13