



Narcotics Anonymous
United Wastach Area
 P.O. Box 57336
 Salt Lake City, Utah
 84157-7336

Rev. 9/93

Help Lines	
Salt Lake City.....	488-2141
Central Utah.....	379-3139
Ogden.....	625-3311
Logan.....	750-7622
Brigham City.....	734-8833
World Service.....	1-818-780-3951

**Just for Today,
 You Never Have to Use Again!**

CL=Candle Light
 H&I=Hospitals & Institution
 (6 months suggested)

C=Closed Meeting
 (addicts only)
 NS=non-smoking

SUNDAY

INDIAN RECOVERY CENTER (H&I, NS) 7:00pm
 375 South 300 West
UNCONDITIONAL LOVE GROUP (NS) 8:00pm
 CPC Olympus View Hospital
 1430 E. 4500 So.

MONDAY

WINNERS NOT USERS (H&I, C, NS) 6:00pm
 Lakeview Hospital 4Th Floor
 630 East Medical Dr. Bountiful
LITERATURE STUDY (C, NS) 7:30pm
 3060 So.Redwood Rd.
 Redwood Multi-Purpose Center

TUESDAY

HOUSE OF HOPE (CL, H&I, C, NS) 6:00pm
 1006 East 100 So.(Womens Meeting)
SANDY SERENITY GROUP (NS) 7:30pm
 Copperview Multi-Purpose
 8446 South Harrison Street Sandy

WEDNESDAY

NEW BEGINNINGS (NS) 6:30pm
 Pioneer Valley Hospital 5Th Fl.
 3460 Pioneer Prkwy (4155 West)
STRAIGHT TALK (C, NS) 8:00pm
 Highland Ridge Hospital
 4578 South Highland Dr.

CANDLELIGHT GROUP (CL) 8:30pm
 820 Windsor Ave (Fellowship Hall)

THURSDAY

PATHFINDERS (H&I, C, NS) 7:00pm
 5770 South 1500 West Bldg. B
 Wasatch Canyon Hospital

ROUNDTABLE

SHARING & CARING (C, NS) 7:15pm
 Trinity United Methodist
 5415 South 4290 West

FRIDAY

REGULAR FRIDAY NIGHT N.A. 6:45pm
 820 Windsor Avenue
 (Fellowship Hall)
TGIF MEETING (NA) 8:00pm
 3060 South Redwood Rd.
 Redwood Multi-Purpose Center

SATURDAY

NEW FOUND REALITIES (C, NS) 9:30pm
 Episcopol Church
 1710 South Foothill Blvd.

HOSPITALS & INSTITUTIONS

Y.A.C.F. (C, NS) SATURDAY
UTAH STATE PRISON
 STARTING OVER (C, NS) SUNDAY
ODYSSEY ADOL
 WASATCH (C, NS) SUNDAY
UTAH STATE PRISON
 OQUIRRH FOUR THURSDAY
UTAH STATE PRISON
 WOMENS FACILITY (C, NS) TUESDAY

Get phone numbers and use them!

The Narcotics Anonymous Program

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break.

Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem, and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming regularly stay clean.

The Twelve Traditions

1. Our common welfare should come first; personal recovery depends on N.A. unity.
2. For our group purpose there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
5. Each group has but one primary purpose-- to carry the message to the addict who still suffers.
6. An N.A. group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need to always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

The Twelve Steps

1. We admitted we were powerless over our addiction--that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.