

United Wasatch Area Sunday

8:00 p.m. Unconditional Love Group
Fellowship Hall
2060 Windsor Street
Salt Lake City

Monday

7:30 p.m. Bring Your Own Book, (C)
3060 S. Lester (outside summer)
Just east of Redwood Road
Redwood Multi-Purpose Center, SLC

Tuesday

7:00 p.m. Dwayne's Meeting
100 S. 200 E.,
St. Mark's Episcopal Church, SLC

7:30 p.m. Stepping Stones
Trinity United Methodist
5415 S. 4290 W. SLC

Wednesday

6:30 p.m. New Beginnings
Pioneer Medical Plaza
3460 Pioneer Parkway (4155 West), SLC

6:30 p.m. Wednesday Night NA
150 East 7th South (Side entrance)
Project Reality Building

Thursday

8:00 p.m. Spirit of N.A.
424 E. 500 South

7:15 p.m. Round Table Sharing & Caring, (C)
Trinity United Methodist,
5415 S. 4290 W. SLC

Friday

7:00 p.m. Regular Friday Night NA
St. Ann's School, Basement,
500 E. 2100 S., SLC

7:30 p.m. Friends of Jimenez
200 E. 200 S.
Salt Lake Church

Saturday

6:30 p.m. What Can I Do
4240 S. 4884 E.
Southeast Christian Church

9:30 p.m. New-Found Realities (C)
Episcopal Church,
1710 S. Foothill Blvd., SLC

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people whenever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

GET PHONE NUMBERS

THE TWELVE TRADITIONS

1. Our common welfare should come first, personal recovery depends on N.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
5. Each group has but one primary purpose to carry the message to the addict who still suffers.
6. An N.A. group might never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the N.A. name out never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Utah Region Narcotics Anonymous

Compassion and Recovery



Meeting List

- Cochise Valley Area
- Northern Utah Area:
Ogden/Roy/Clearfield.....774-6409
- Central Utah Area:
Provo/Orem.....373-7060
Price.....472-3346
- United Wasatch Area
Salt Lake/Sandy/Bountiful
West Valley City.....296-4044
- World Service.....1-818-773-9999

**Just for today
You Never Have to Use Again**

- 2/4/98
- CL = Candle Light
 - C = Closed Meeting (addicts only)
 - O = Open
 - S = Smoking
 - NS = non-smoking

Monday - 7:00 p.m. ... St. Mark's Episcopal ... Dr. - Park

THE NARCOTICS ANONYMOUS PROGRAM

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break.

Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem, and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

HIGH UTAH AREA

Sunday

- 8:00 p.m. Candlelight (NS)
Serenity Club, 510 E. Main, Vernal

Monday

- 8:00 p.m. KISS (S, C)
American Legion Hall,
351 N. Vernal Ave., Vernal

Tuesday

- 7:00 p.m. Rainbow Group (S)
Roosevelt Alamo Club,
144 E. 300 S., Roosevelt

Wednesday

- 8:00 p.m. Walking the Talk (S)
American Legion Hall,
351 N. Vernal Ave., Vernal

Friday

- 8:00 p.m. Alpha Group (S)
American Legion Hall,
351 N. Vernal Ave., Vernal

CENTRAL UTAH AREA

Sunday

- 10:00 a.m. Spiritual Meeting
Alamo Club, 70 N. Geneva Road, Orem

- 7:00 p.m. Aiming Straight
Alamo Club, 70 N. Geneva Road, Orem

Monday

- 8:00 p.m. Newcomers
Lutheran Church
1014 E. Center, Orem

- 8:00 p.m. Oldtimers (C)
Alamo Club, 70 N. Geneva Road, Orem

- 9:00 p.m. ARC Meeting
1726 Dakota Lane
ARC Center, Provo

Tuesday

- 12:30 p.m. It Works How and Why
Alamo Club, 70 N. Geneva Road, Orem

- 8:00 p.m. We Care (C)
245 S. 200 E.,
Community Church, Springville

- 8:00 p.m. Trust the Process
Alamo Club
70 N. Geneva Road, Orem

Wednesday

- 8:00 p.m. Serenity (candlelight)
Alamo Club, 70 N. Geneva Road, Orem

Thursday

- 12:00 N. Not Noon High
Alamo Club, 70 N. Geneva Road, Orem

- 8:00 p.m. One Day at a Time
Pinecrest Academy,
10 South 600 East, downstairs, Payson

- 8:00 p.m. Spanish Speaking Only
Alamo Club, 70 N. Geneva Road, Orem

Friday

- 8:00 p.m. Surrender,
Alamo Club, 70 N. Geneva Road, Orem

- 8:00 p.m. Adventures in Clean Time
575 E. 700 N.
Durrant Elementary School, Provo

Saturday

- 4:30 p.m. It Works How and Why
Alamo Club, 70 N. Geneva Road, Orem

CACHE VALLEY AREA

Sunday

- 8:00 p.m. NA Meeting
Whitner Center
290 N. 400 E. Logan

Tuesday

- 12:30 p.m. NA Group
Room 135 University Inn
Utah State University (during school year)

Friday

- 8:00 p.m. NA Meeting
1726 Dakota Lane
ARC Center, Provo

LIBERTY

- 7:00 p.m. Keep It Simple
Catholic Church
308 E. Oneida
Preston, Idaho

Friday

- 8:00 p.m. Sharing Recovery
Logan Regional Hospital
1400 N. 400 E., Logan

NORTHERN UTAH AREA

Sunday

- 11:00 a.m. Search for Serenity (NS, No coffee)
7th Day Adventist Church,
22nd Street, Ogden
(3 blocks above Harmon)

- 8:00 p.m. New Beginnings (NS)
Ogden Region Medical Center
(back entrance)
5475 S. 500 E., Ogden

Monday

- 8:00 p.m. How It Works, (NS)
St. Paul's Lutheran Church
3329 Harrison Blvd., Ogden

- 8:00 p.m. Chance to Start Over
St. Michael's Episcopal Church
589 S. 200 E., Brigham City

Tuesday

- 12:00 N. Without Parallel
Church on the Terrace
37th and Grant - Ogden

- 8:00 p.m. Check up from the Neck up (NS)
Church of the Good Shepherd
2374 Grant Ave., Ogden

Wednesday

- 8:00 p.m. Heart & Soul (women's group) (NS)
Men Welcome
727 24th St. (Downstairs in back), Ogden

Thursday

- 7:30 p.m. Caring and Sharing,
(C, handicap accessible)
1st Christian Church, 705 23rd St., Ogden

- 8:00 p.m. Keep It Simple
St. Michael's Episcopal Church
589 S. 200 E., Brigham City

Friday

- 8:00 p.m. Basic Text Study
1315 E. 700 N, Logan
Faith & Fellowship Center

- 8:00 p.m. Post-Talk
(NS, handicap accessible)
Humana Davis North Hospital,
Classroom 2
1600 W. Antelope, Layton

Saturday

- 8:00 p.m. Hooked on Life (C, handicap accessible)
Newman Center, Weber State University
3738 Center Avenue, Ogden

Friday

- 8:00 p.m. Friday NA Unity (NS)
Church of the Good Shepherd,
2374 Grant Ave., Ogden

Saturday

- 8:00 p.m. Life Source Book Study
(NS, C, handicap accessible)
St. Benedict's Hospital, Aspen Room
5475 S. 500 E. (Back entrance), Ogden

- 10:00 a.m. Men's Meeting "Together we can" (NS)
Women Welcome
Weber State University, Newman Center
3738 Center Avenue, Ogden

SOUTHERN UTAH AREA

Sunday

- 4:00 p.m. Moab Meeting
198 E. Center Street Moab
(rear building)

- 6:30 p.m. Richfield Recovery (NS)
1819 S. Cove View Rd.
Elks Lodge Basement, Richfield

- 6:00 p.m. Sunday St. George Meeting (NS)
Grace Episcopal Church
(approx. 900 S. 1072 E.) St. George

- 8:00 p.m. Vermillion Cliffs Serenity Group (NS)
Kanab American Legion Hall, Kanab

Monday

- 8:00 p.m. Hurricane Meeting (NS)
Corner of State St. and Main, Hurricane

Tuesday

- 5:00 p.m. NA Meeting (NS)
St. George City Library

- 8:00 p.m. Recovery under the Rainbow (NS, C)
Kanab American Legion Hall, Kanab

Wednesday

- 5:30 p.m. Women's Meeting
Sun Hawk Academy,
765 N. Bluff #6 St. George

- 8:00 p.m. Salina Group (NS)
155 W. Main, Zion Bank, Salina

Thursday

- 6:00 p.m. Living in the Moment
559 E. 1060 E. St. George

- 8:00 p.m. Hope Without Dope (NS)
54 N. 200 E., Cedar City

Friday

- 7:00 p.m. Moab Meeting
198 E. Center Street Moab
(rear building)

- 7:00 p.m. Friday Night Flyers (NS)
54 N. 200 E., Cedar City

- 8:00 p.m. Happiness over Habit (NS, C)
Kanab American Legion Hall, Kanab

- 8:00 p.m. Monrovia Campfire
Monrovia Park, Monrovia
(May to Sept only)

Saturday

- 6:30 p.m. Richfield Steps and Traditions (S, C)
1819 S. Cove View Rd.
(Basement in back), Richfield