Region Meeting 6.8.25

Open at 12:07 with a moment of silence Followed by the serenity prayer 12 traditions read by – Leska 12 concepts read by – Randy

ROLL CALL

Facilitator: James - Present Secretary: Leska - Present Treasurer: Jess - Present

Regional Delegate: Cody P - Present

Regional Delegate Alternate (AD): Brittni - Present

H&I Chair: Todd - Present

PR Chair: OPEN

Webmaster: Justin – Present
Outreach Chair: Danny - Report
URICNA: Justin Butts – Not Present
Campvention: Ryan Y – Present
Ad Hoc: History – Lou - Report

RCM

Sasquatch: Kevin K – NEED REPORT

Central: Eric S – Not Present Lakeside: Andi (ASC Vice Chair) UWANA: Trevor – Not Present UWANA Alternate: Randy - Present

High Uintah: December/Tammy? – Not Present

Northern: Todd

Others in attendance: Joe

Meet Quorum – Not met as of 4:17pm

Previous Minutes - April 2025 Minutes - Cannot be approved without Quorum

Admin Reports:

Facilitator: James – Will follow up with items from last month but won't be able to do any voting until next cycle or later if other RCMs show up.

Secretary: Leska – April minutes will serve as my report. If you don't get minutes and want them let me know and please send me reports.

Regional Treasurer: Jess – waiting on 2 \$37 transfers to go through and then will send the report. Storage unit was paid \$819 (395.50 from each CV and URICNA) for 6 months – working balance 174.72 and made donation to World of 5381.63 and wrote a check for \$1200 for Pride. The bank balance is \$1221.05. REPORT RECEIVED 6/15 - Bank balance is \$1190.32 with a working balance of \$148.74. Storage was paid for \$819.00. Domain was reimbursed for \$206.36. \$20.79 donated to NAWS. Thanks for letting me be of service!

		VERIFIED	PENDING Items as of:	ON HOLD	Income	Expenses	Difference	Sank Balance \$1,190.32	
1	Total Checking Balance	\$8,291.38	\$8,646.20	\$2,100.00	\$1,190.32	\$1,190.32	\$1,190.32	\$1,190.32	
ı	Expenses Balance	\$2,438.78	\$2,501.15	\$2,083.44 \$500.00	\$520.79	\$520.79	\$520.79	\$520.79	\$2,083.44
Ī	Additions (15% of dep)		\$62.37	\$82.29	\$20.79	\$0.00	\$0.00	\$0.00	\$165.45
Ι	Balance	\$2,539.25	\$2,601.62	\$500.00	\$520.79	\$520.79	\$520.79	\$520.79	
H&I LIT	Expenses			\$2,183.91					\$2,183.91
TI.	Additions (15% of dep)		\$62.37	\$82.29	\$20.79	\$0.00	\$0.00	\$0.00	\$165.45
	Balance (savings)	\$502.20	\$502.20	\$502.20	\$502.20	\$502.20	\$502.20	\$502.20	
	Expenses								\$0.00
	Income	8				3			\$0.00
	Working Balance End	\$3,313.35	\$3,543.43	A 100 CO	70.000	\$148.74	\$148.74	\$148.74	-34.07
	Reimbursements Bank Fees / Interest		-\$1.43	-\$1.39	-\$1.25				\$0.00 -\$4.07
	Travel - workshops								\$0.00
3	World Conference								\$0.00
-	RMZF								\$0.00
2	Motions (Working)			\$2,746.49	\$1,028.74				\$3,775.23
5	Working Balance Start		\$3,542.00	2000	100 5 100 100 100 100	\$148.74	\$148.74	\$148.74	Serversones
CONTRIBUTIONS	Cycle End Balance		\$228.65	\$301.67	\$76.23	\$0.00	\$0.00	\$0.00	\$606.55
S	NAWS Donation (15%)		\$62.37	\$82.29	\$20.79	\$0.00	\$0.00	\$0.00	\$5,464.79
	PI (15%)		\$62.37	\$82.29	\$20.79	\$0.00	\$0.00	\$0.00	\$165.45
	H&I Literature (15%)		\$62.37		\$20.79	\$0.00			\$165.45
BILLS	Cycle Starting Balance		\$415.76	\$548.54	\$138.60	\$0.00	\$0.00	\$0.00	160
	Website June/Aug				\$206.36				\$206.36
	Other fees (Corp/IRS)								\$0.00
	Storage Unit				\$819.00				\$819.00
2	PO Box due August				100				\$0.00
_	Rent for meeting	-							\$0.00
	Total Deposit		\$415.76	\$548.54	\$1,163.96	\$0.00	\$0.00	\$0.00	\$2,128.26
	URICNA		- 10	98	\$395.50	55.	- 50		\$395.50
	Campvention				\$395.50				\$395.50
_	member/group			\$102.00	\$37.45				\$139.45
ž	High Uintah			07557655					\$0.00
NCOME	Sasquach			\$100.00					\$100.00
ш	UWANA			\$85.20					\$85.20
	Central								\$0.00
	Lakeside Unity		\$205.79	\$198.72	\$201.39				\$605.90

Utah Regional Delegate: Cody – Unable to attend last CP web call due to family emergency. We have sent an email to the World Board – Arizona is planning to make a motion that we are going to co-sign on the motion regarding full length books on pdf for the jails. Will attend the next CP Web meeting next month. We will talk about CAR and CAT in August and start planning. Once we have the preliminary draft, Randy requested it be sent to the RCMs so we can review with the areas, but good to review.

Utah Regional Alternate Delegate Report: Brittni – Nothing to report.

H&I: Todd – Hey friends! My June 2025 H&I Region Report takes me to Vernal for their 39th Annual Celebration of Recovery Convention where I did an H&I workshop alongside our Regional Outreach Chair Danny B. It went well and seemed well received by the 20-30 in attendance. I got to spend some time with the HUANA Area H&I Chair, make that connection, trade ideas and hopefully some solutions to their Volunteer needs.

I've also been in contact with the Central Area H&I Chair Justin B working out a plan when I can attend their H&I. It looks like July might possibly work.

I've also been in contact with the Utah State Prison in efforts to work out and establish a system for "Steps by Tablet". I think if we can establish something effective in the Main Prison it might help to reach the Department of Corrections Prison Satellite Facilities and hopefully the County Jails.

PS, I still haven't been able to collect any mail that might be in the Mailbox where as my visits to the Prison bring me to SL on Sundays and the Post Office we use is completely shut down on Sundays. Discussion on it renewing in August – its \$332 a year.

Thank you for your service and for letting me serve.

Todd H.

Outreach Chair: Danny -

Utah Regional Outreach Report

Event: Celebration of Recovery - Vernal, Utah

Dates: June 6-8, 2025

Submitted by: Danny Bergman, Utah Regional Outreach Chair

Summary of Visit:

On my recent visit to the Celebration of Recovery in Vernal, hosted by the High Uintah Area of Narcotics Anonymous, I had the opportunity to participate as a workshop presenter, connect with local members, and assess the areas outreach needs and capacities.

Workshop Highlights:

I led a workshop during the event where I introduced myself, shared personal recovery experiences, and discussed the role and purpose of Outreach at the regional level. I also opened the floor for discussion and questions. The response was warm and engaging. I provided my contact information to multiple members and collected phone numbers for future connection.

Observations and Strengths:

Despite geographic isolation and logistical challenges, the members in High Uintah are doing an impressive job maintaining recovery in their community. The fellowship in this area demonstrates strong unity, dedication, and creativity in overcoming barriers. Meetings are consistent, and there is a clear sense of commitment among those who participate, even when their lives and schedules present significant obstacles.

Identified Challenges:

One of the core challenges in the High Uintah Area is the transient nature of employment. Many members work in oil fields or ranching often requiring them to be away from home for days or even weeks at a time. Some ranchers only come into town once a week for their homegroup meeting. As a result, maintaining service commitments that require consistent attendance can be difficult. Even those willing to serve often find themselves unavailable due to work obligations.

Another challenge is the lack of an RCM (Regional Committee Member) for the area. Without representation at the regional level, the area has had no formal avenue to communicate needs, share concerns, or receive information from Region.

Proposed Solutions and Next Steps:

After discussing this with several members at the event, they agreed to begin compiling a list of members' email addresses who are interested in receiving Utah Region meeting minutes and other relevant updates. I will be the point of contact to receive and share these email addresses with Region and will ensure that they begin to receive regular communication from us.

My hope is that this small but important step helps establish a line of communication between the Utah Region Outreach Subcommittee and the High Uintah Area. It may not be a substitute for an RCM, but it offers a way to bridge the gap and ensure the area has access to regional support if and when they need it.

Conclusion:

Overall, I was encouraged and inspired by the High Uintah Area's commitment to recovery and service. Their solutions are practical, grassroots, and deeply rooted in the needs of their community. I believe that with some ongoing support and improved communication, we can continue to help them thrive while respecting the unique circumstances they face.

Webmaster: Justin -

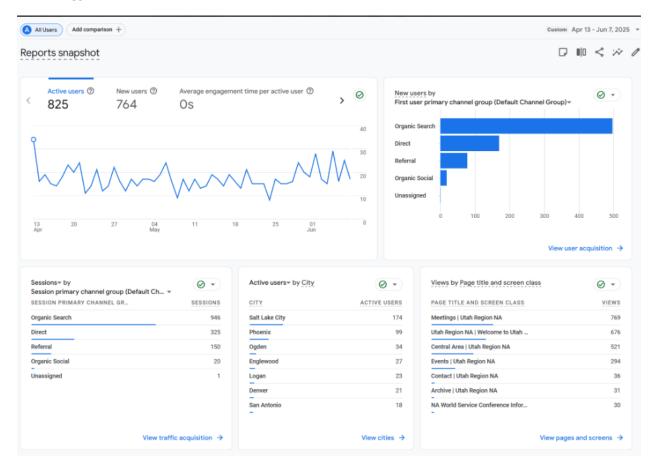
CHANGES/UPDATES

- Uploaded the April minutes to the **Archive** page.
- Nothing new for the Historical Documents to that respective section on the Archive page this last cycle.
 - https://nautah.org/archive/
- Updated Main page to reflect this meeting, and will add the next meeting once decided.
- **Events** page up to date with latest info for 2 regional events.
 - https://nautah.org/events/
 - both events have past flyers as of today
- Meetings page no recent updates
 - https://nautah.org/meetings/
- Central Area's page Schedule updated in May 2025.
 - o https://nautah.org/central/
- WSC Page currently hidden.

RENEWALS:

- Domain, Campvention.com: paid \$22.17 for renewal March 4th, 2025.
 - o Reimbursement due -- \$22.17 paid during meeting
- Domain, URICNA.com: paid \$22.17 for renewal May 24th, 2025
 - o Reimbursement due -- \$22.17 paid during meeting
- Hosting: Due in June 2025
 - o Last paid \$206.36 on 6/8/25 has been reimbursed.
- Domain, UWANA.org:
 - o Last paid \$23.17 on 8/21/23
- Domain, NAUtah.org: Due in August 2025
 - o Last paid \$23.17 on 8/21/24

ANALYTICS:



URICNA: Justin Butts – Not Present – Brittni Reporting – Leska and Brittni worked to get Registration open. It is available online. Merch is voted on. Program is ready and will be cool despite the challenges. The fundraising team is looking into holding a fundraiser at the venue to make everyone excited. The last fundraiser cost about \$200 and brought in about \$1000 so it was a great fundraiser, speaker jam and raffle. We don't know when the next meeting is or which positions are open. Parking will be free but we will need a code that will be needed for the event.

Campvention: Ryan - Hello Family,

Campvention is 11 Days away!! We're meeting tonight to iron out all the final detail. Please let your areas know that we are excited to see everyone on the weekend of the June 20th-22nd! Parking is going to be a little tight, so if everyone can ask their area to carpool the best they can that would be great! Please preregister to help us plan, and again we are excited to see everyone in a couple weeks!! Please sign up for marathon meetings and hospitality suite help.

Gratefully in service, Ryan Y.

RCM Reports

Central: Not present

High Uintah: Not Present

Lakeside: Andi – Lakeside needs an RCM, we are in the Davis county jail weekly as well as Diamond Detox. We are also in the Unitah county Jail monthly. We had a good event last week. We are looking for someone to fill literature racks. We are planning to do Recovery Days in September 6th. There will be a slip and slide water event and sandwiches probably August 11th.

Northern: Todd Report - I did not attend the Northern Area ASC Meeting in May and with that, I have nothing to report.

Sasquatch: Kevin K - NEED REPORT

UWANA: Randy –

Greetings Utah Family! I will be standing in for Trevor today as we divide responsibilities this weekend. The **UWASCNA Public Relations** subcommittee would like to thank the Utah Region for supporting PR participation in Pride. A full report and receipts will be made available at our next URSCNA meeting. PR is also supporting a Service Learning Day on July 17. Details will be on our website as they become available.

The **UWASCNA Web Team** is doing a fabulous job keeping our web site, activities calendar and meetings list up to date. Thank you, Justin!

There are currently 33 **UWANA Home Groups** at this time. Two new home groups started this month including:

Monday Morning Miracles Monday @ 9:30 AM Virtual - Zoom

The Bright Way Monday @ 6:00 PM Brighton Community Center

We are excited to have nine daytime meetings covering six days a week.

Our Home Groups are sponsoring some activities and they would like to invite everyone to participate. The Pride in Recovery HG is sponsoring a potluck and meeting event:

Pride in the Park Tuesday, 6/17 @ 6:30 PM Liberty Park

Addition information may be found on flyer at: pride-in-park-2025.jpg (2440×3157)

The Grateful Men's HG is sponsoring:

5th Annual Men's Campout Sat-Sun, 9/6-9/7 Middle Canyon Campground

Additional information may be found on flyer at: mens-Campout-2025.jpg (1046×1353)

The **UWASCNA Activities subcommittee** has been quite busy with bowling, cooking classes, hikes and an Easter egg hunt. Upcoming activities include:

Picnic in Cottonwood Saturday, 6/14 @ 11:30 AM

Additional information may be found on flyer at: picnic-june2025.jpg (540×675)

The **UWASCNA New Year's event** subcommittee has started up for 2025 and will be sponsoring a fund raiser:

Karaoke & Bake Sale Sunday, 6/29 @ 6:30 PM

Additional information may be found on flyer at: nye2025-karaoke.png (940×788)

The **UWASCNA Convention subcommittee** 10th annual campout registration is now open:

UWACNA X Fri – Sun, 8/15-8/17 Pine Valley Campground

Additional information may be found on flyer at: <u>UWACNA-X-Campout.jpg</u> (720×960)

The **UWASCNA Literature Review ad hoc** met about six times over past three months to provide feedback on IP 21 – Staying Clean in Isolation. These edits have been documented and submitted to Daniel Cottinger who is the NAWS Project Manager. It will be interesting to see if any of this is included

in the CAR approval draft, which come out later this year. This ad hoc is now closed until the next piece on new literature comes out.

The UWASCNA Finance ad hoc has also been meeting to address guideline changes to better support funds flow. We are proposing to move toward an annual budget to provide greater transparency, planning support, and additional financial tools as we move forward. More will be revealed as we go through the UWASCNA approval process.

Thank you for allowing me to be of service,

Randy T.

UWASCNA, ARCM

Ad Hoc Committee - Utah Region of NA Archives and History: Lou B -

History & Archive Ad-Hoc Subcommittee Report 6/8/2025

I continue to gather and organize material as I receive it. My work has slowed down a bit over the last 2 months due to several other service commitments I have in UWANA but still progresses.

I have been invited to attend a monthly meeting of Preserving the Message group which is facilitated by Chris and Boyd that do the History of the Basic Texts presentation. This has been valuable as I've received some guidance and great suggestions as how to proceed.

I am currently working on my set of interview questions and will have them to this committee shortly. I am sure that will change as I start interviewing and am always looking for suggestions.

An FYI the Arizona Region has just produced a book length project of history of the Arizona region I am looking to get my hands on a couple of copies.

I will be picking up a full set of speaker MP3's of URICNA that covers several years of the convention at the Southern convention next week, I will make these available for our archives.

My next big project will be a timeline I am looking for an app or program that I can use to organize this if anyone has any suggestions, please send them my way.

I will try to attend the meeting today but will be traveling to Mesquite so not sure I can be present
In service;
Lou B.

Open Forum:

Old Business:

New Business:

Next Meeting: August 10th on Zoom at 4pm

Meeting Closed 5:23pm by Joe with the 3rd step prayer