

NARCOTICS ANONYMOUS SERVICE RESUME

Melissa Shipe

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Alternate Regional Delegate

Clean Date: December 19, 2017

Qualifications

- Working the Twelve Steps of Narcotics Anonymous
- Have an NA sponsor
- Have a home group
- 7+ years of experience in service within Narcotics Anonymous
- Extensive experience at the home group, area, committee, and H&I levels
- Experience serving in elected leadership positions
- Experience with group conscience, communication, committee coordination, fundraising, and event planning
- Committed to the principles of service, unity, responsibility, and carrying the NA message

SERVICE TIMELINE

Home Group Service | 2018–2021

Co-Chair 2018

- Began my service journey at the home group level as Co-Chair for six months.
- Became familiar with home group responsibilities, meeting operations, and the importance of service to the fellowship.

Chair 2018–2021

- Served as Home Group Chair for approximately three years.
- Continued developing leadership and organizational skills.
- Became familiar with additional home group and area service positions.
- Gained experience coordinating members, communicating information, and supporting the group conscience.

Area Service

Area Secretary | 2021–2023

- Served as Area Secretary for two years.
- Supported area meetings and maintained communication and organizational responsibilities.

- Developed a broader understanding of area service structure and responsibilities.
- Worked with area trusted servants and groups to help maintain effective communication.

Area Activities Chair | 2023–2025

- Served as Chairperson for two years.
- Provided a space for members to come fellowship with one another.
- Kept a positive working balance to support area activities.
- Reported to the ASC on planning and upcoming events in our area.

Central Utah Area Chair - Current

- Currently serving as Area Chair for the Central Utah Area.
- Provide leadership and support to the area service structure.
- Facilitate area meetings and help maintain an effective group conscience.
- Support area trusted servants and committees.
- Help coordinate area activities and services.
- Work to promote unity, communication, and the primary purpose of Narcotics Anonymous.

URICNA COMMITTEE | 2 YEARS

Fundraising Chair Year 1

- Coordinated fundraising efforts and supported committee financial needs.
- Worked with members to organize fundraising activities and promote participation.

Chair Year 2

- Provided overall leadership and coordination for the committee.
- Worked with committee members to carry out responsibilities and support the purpose of the committee.
- Gained additional experience working collaboratively within a larger service structure.

ADDITIONAL SERVICE EXPERIENCE

I have also served on a variety of smaller committees and service projects throughout the Central Utah Area, including:

- Gratitude Dinner Committee
- SCORE Committee
- Central Area Women's Retreat Committee
- Other area service and event committees

Central Area Women's Retreat

Hospitality Committee 4 Years

Serving as Chair of the Committee

2nd Year

- Four years of experience serving on the hospitality committee.
- Currently serving as Chair of the committee for my second year.
- Assist with planning, coordination, volunteers, food, and overall hospitality needs for the retreat.
- Work with committee members to help create a welcoming and supportive environment for members attending the retreat.

HOSPITALS & INSTITUTIONS (H&I)

Current H&I Member

Currently serving through Hospitals & Institutions and carrying the message of recovery into:

- Treatment centers in Utah County
- Utah County Jail
- Utah State Prison

H&I service has given me the opportunity to carry the NA message to addicts who may not otherwise have access to an NA meeting and has strengthened my understanding of the importance of service beyond my home group and local area.

WHY I AM QUALIFIED TO SERVE AS ALTERNATE REGIONAL DELEGATE

My service journey has taken me from the home group level through area leadership, committee service, and H&I. Each level of service has helped me develop a deeper understanding of group conscience, communication, leadership, and the responsibility we have to serve Narcotics Anonymous as a whole.

I have learned the importance of listening to the groups and members I serve, seeking guidance when needed, remaining teachable, and making decisions based on the principles of Narcotics Anonymous rather than personal opinion.

As Alternate Regional Delegate, I would bring my experience, willingness to learn, and commitment to service to help represent the collective voice of the Central Utah Area. I understand that this position is not about representing myself, but about listening, communicating, participating, and carrying the area's conscience to the regional level.

I am committed to continuing to grow in my understanding of NA service and to serving with integrity, humility, open-mindedness, and a willingness to do what is best for Narcotics Anonymous as a whole.

SERVICE COMMITMENT

I believe service is an opportunity to give back what was freely given to me. My goal is to continue carrying the message, supporting the fellowship, and serving to the best of my ability. My service experience has taught me that we do this together.